

BELL TOWERS

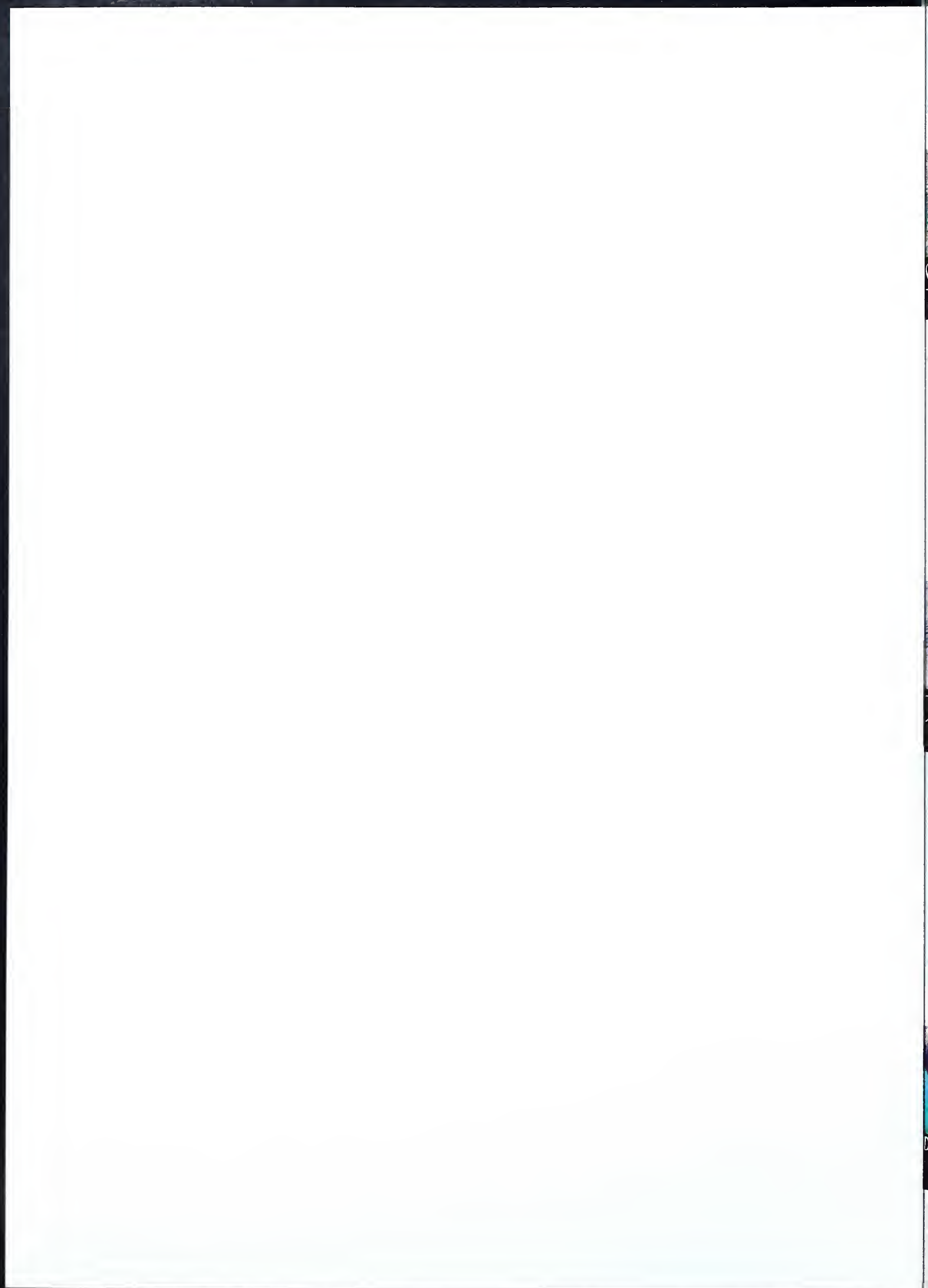
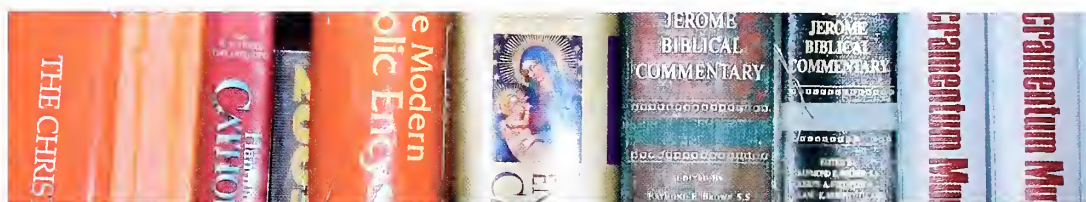


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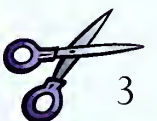




SOME ASSEMBLY REQUIRED

As we enter college, we leave one phase of life behind and start anew. Upon receiving our diplomas, we must do the same once again. Regardless of your year in school, we are all continually changing, growing, and assembling our identities. Although it may not be as easy to see ourselves change as it is to see changes made to the campus, college is all about taking time to enjoy growing up. This year, we invite everyone to sit back and recognize that there is “some assembly required” when putting all the pieces of college together.

In this year's yearbook we have taken this idea of assembling ourselves into something new to a very literal level. While watching the construction of the new chapel, make sure to create new ensembles for the various models throughout the sections, and remember: there is some assembly required in college. Use this yearbook as a tool to piece together your memories and remember what a free and fantastic four (or five or six) years we have here at Regis.



CUT OUT THESE OUTFITS AND LOOK
STUDENTS AND STAFF MEMBERS TO



INSIDE FOR FAMILIAR REGIS

DRESS UP.***SOME ASSEMBLY REQUIRED





STUDENT LIFE DIVISION

Have fun dressing
up these familiar
members of the
Regis community!
(See page 4)



DAVE



RiSSCHiE



MoNiCA





QUAD ACTIVITIES

Few things are more important to the mission of Regis University than squirrels. In response to a recent shortage of squirrels applying for a position at Regis amidst environmental regulation, the Regis quad was created. Squirrel populations have since rebounded and spread to other areas of campus, where all who would rather be doing something besides homework avidly watch. Sometimes Brittney Mathews can even be seen contemplatively wondering about the mysteries of life under one of the many trees, occasionally beating back the hordes of squirrels with a RUSGA approved Nalgene bottle. In short, most activities in the quad involve the friendly squirrels in one way or another.



Beef- it's what's for dinner in the quizad.



Man down! Man down!





El Fuego! (We know you're really a closet pyro, Tone)



Keith and R.J. grillin' it up!

*Who needs to do homework when you can
take a nap with all your friends!?!*

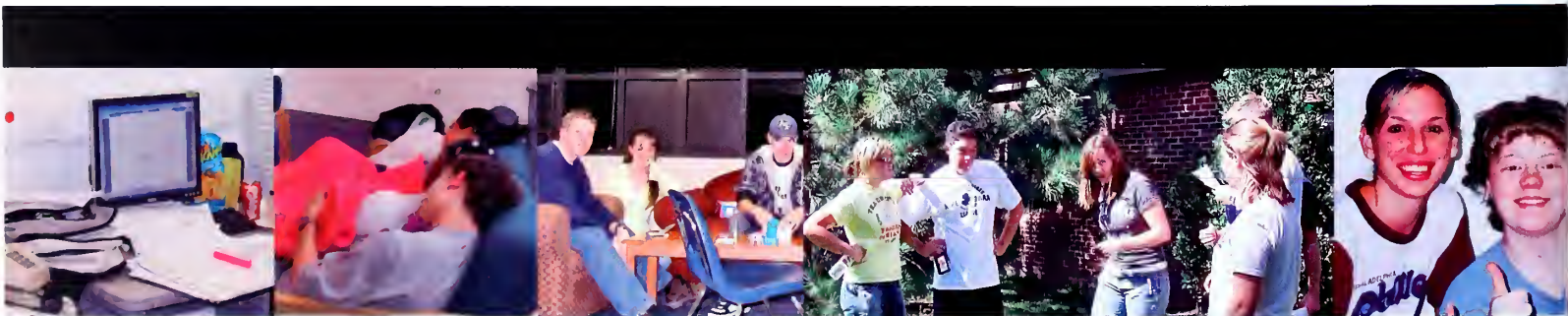
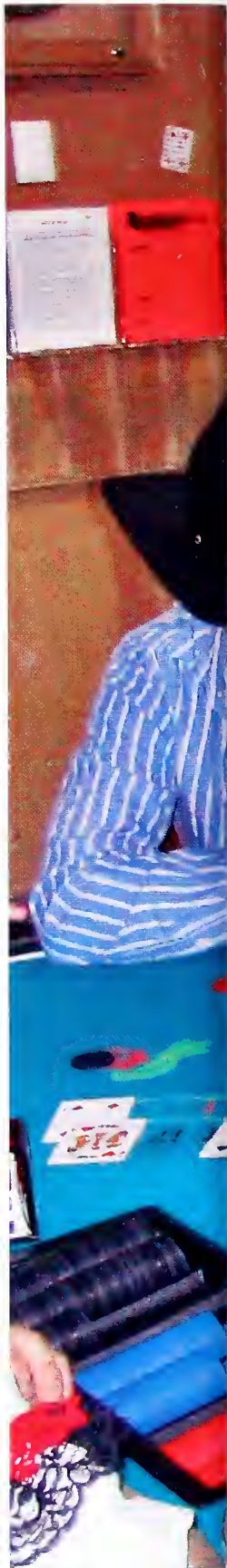


Pool is cool.



DORM LIFE

Dorms- no college experience is complete without them. From West to DeSmet, every student who has lived on campus can fondly recall late night study sessions, practical jokes, showers without water pressure, and of course, the infamous Black Jack Pizza. The dorms become your home away from home, not to mention a non-stop party. "It's great being around your friends all the time," says Freshman Josh Brown. Yep, it sure is.





Poker face up in hur.



Won't you be my neighbor?



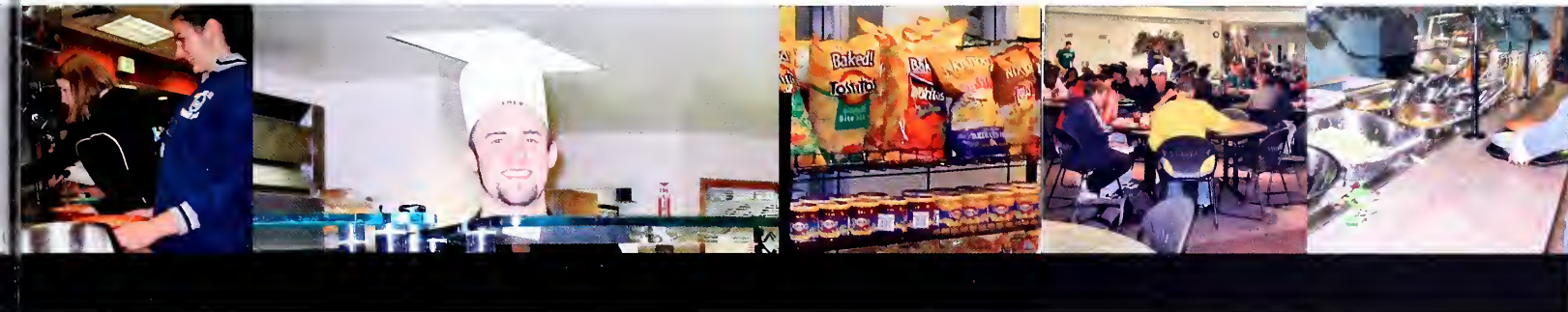


We love our Sodexho employees!



This is what happens to you when you eat Sodexho food...no really.





CAMPUS DINING

Food on campus is always being served. If you want a quick bite, then head over to the grille... just make sure you don't go between classes. Here you can find the breakfast option and our lovely Einstein Bagel's. If you're in the mood for more of a sit down meal, then try the cafeteria. The food options are getting better, and who doesn't love DONNA sandwiches? They are a Regis favorite. If you're more in the mood for something at the grille, I recommend a "special grilled cheese" made with love by Matt, another friendly face. In either place you choose, the atmosphere is always inviting... and while in the cafeteria you can enjoy conversations with friends, contests or just sit and listen to the music. Rangerland food deserves a grade A!



Mmmm...Sodexo



Two happy Grille goers.

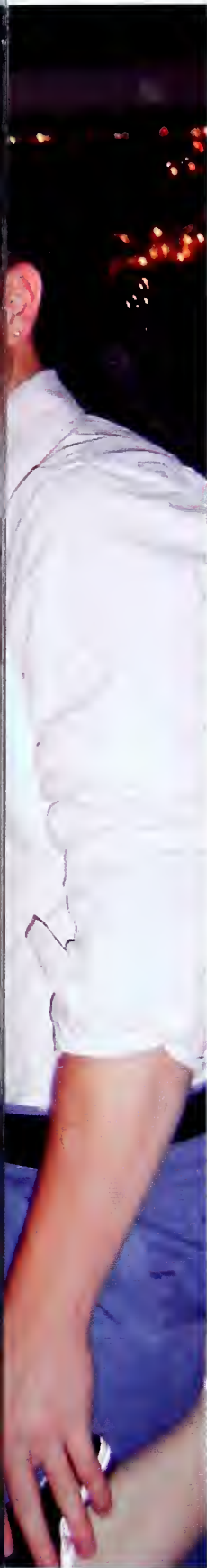


Play that funky music white boy.



They're dancciinnggg!





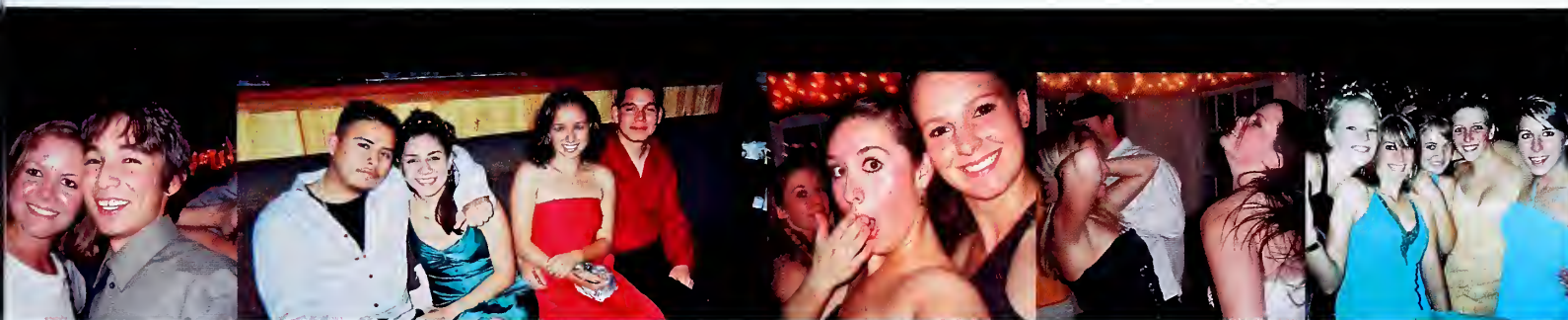
Students strut their stuff on the dance floor.

Holla if you hear me!



FALL FORMAL

The night is young. Squirrel lights up a cigarette and says, "Listen up, Smurf. Tonight's the fall formal at Regis so you hold down the pod while I go get my funk on with the Jesuits!" This year, 400,000 people attended the Regis Fall Formal, making it the biggest gathering in the world, according to the Guinness book of World Records. The crowd consisted of mostly freshmen who were there to stag it up and boogie down with the ladies. An observer commented, "Most men sat in the corner and slammed the punch while the girls danced...with each other." "This is pure rubbish!" said Joe. "In high school I was the pimp, but all these Regis girls like to play hard to get. Next year I'm going Buffalo style up at CU, homie." Although some men were disappointed, the girls had the time of their life. "DJ Snuggles, the hard house diva, saved my life!" said Katie, a junior at Regis. With all the love iin the air, this year's fall formal was an unforgettable experience.





PARTIES

Parties are an integral part of social life here at Regis. When Friday rolls around the motto of a good segment of the student body is definitely "it's five o'clock somewhere." As the majority of students can tell you, number one on the VIP list for most parties is the Denver PD and Adams County Sheriff's Department. Not to worry though, great programs like Choices educate students on how to have fun while preventing potential party disasters.



Check out these thugs.



Two lovely freshman ladies out for the night.



Regis babes love to party it up.



Ahhhhh! It's the ghost of Sleepy Hollow!

*Life in Colorado would not be the same
without the mountains!*

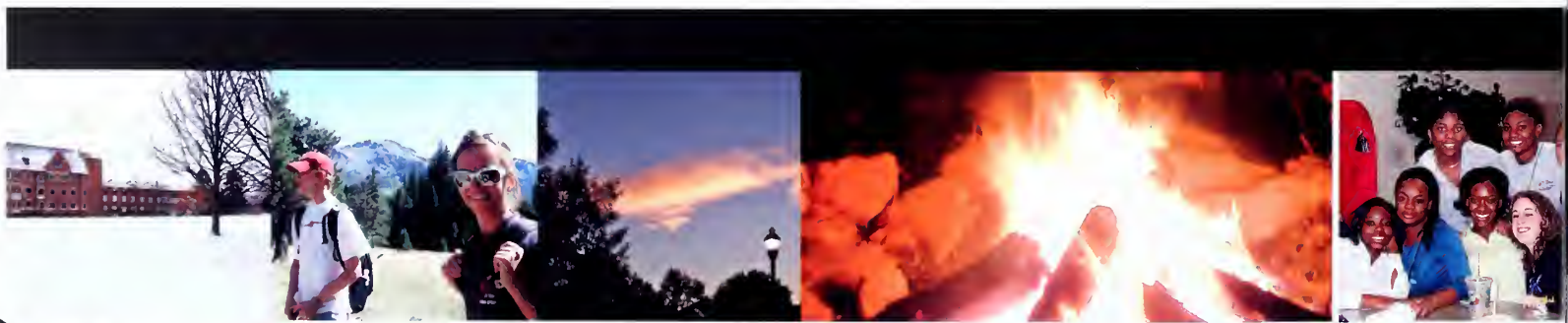
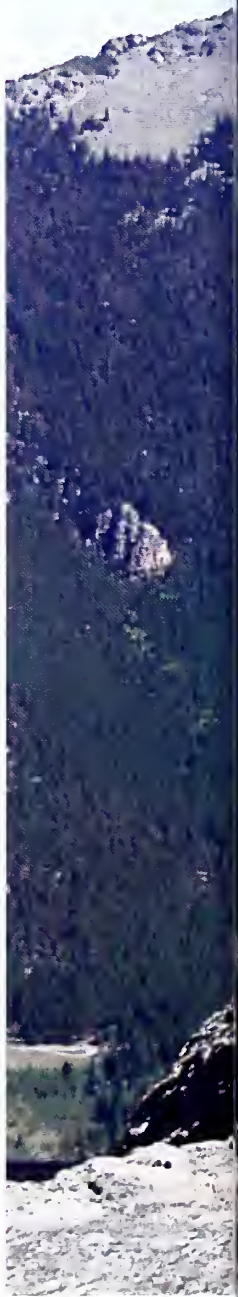


Good times at sport events!

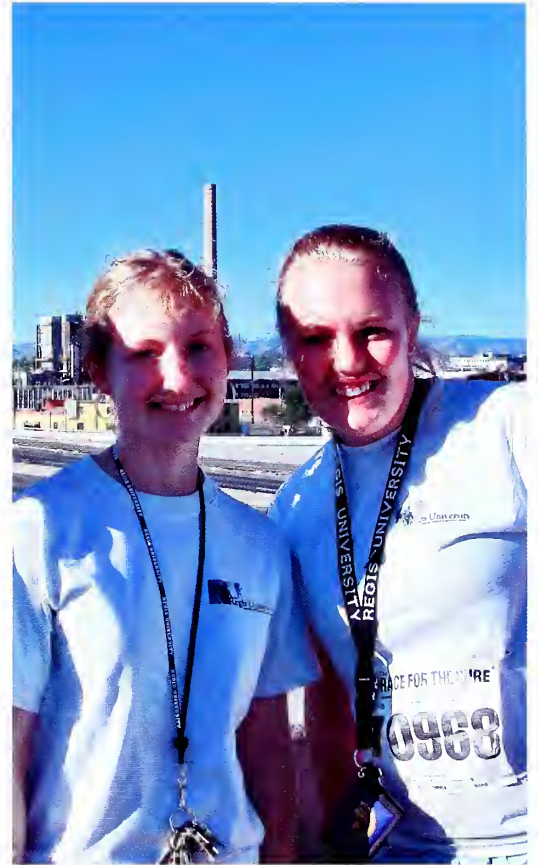


LIFE IN COLORADO

Snowboarding, skiing, hiking, and backpacking, with the Rockies right around the corner and the sun high in the sky: the possibilities are endless. Thankfully, Regis students utilize these amazing surroundings. During the Spring you may look around your class and realize that about half of it is missing. Where is everyone? Well, probably skiing or boarding up in Keystone or A-basin. Yup, life in Colorado sure is amazing.



Hiking in the beautiful Rocky Mountains!



Fun race times in Colorado!





R.J. sure knows how to have a good time over winter break. But didn't your mama tell you that your face could stick that way?



A group of students enjoy the chilly weather up in the mountains over break.





WINTER BREAK

Winter break came right at the time when students needed it most. Whether the semester had gone well or awry, winter break has always been a welcome occurrence. After a week of chugging caffeine, staying up late writing those papers you knew weren't going to write themselves, marathon study sessions, and a complete denial of how you were really doing in that class, you were finally done. Students engaged in a variety of activities with this precious free time between semesters. Eggnog, holiday trees, the usual secular/Christian debate over what Christmas really means, as well as winter sports, are all part of winter break. Some students, like those from Arizona and California, even had the chance to go back for a quick dose of Spring before coming back to Regis.



Peek-a-boo, Regina!

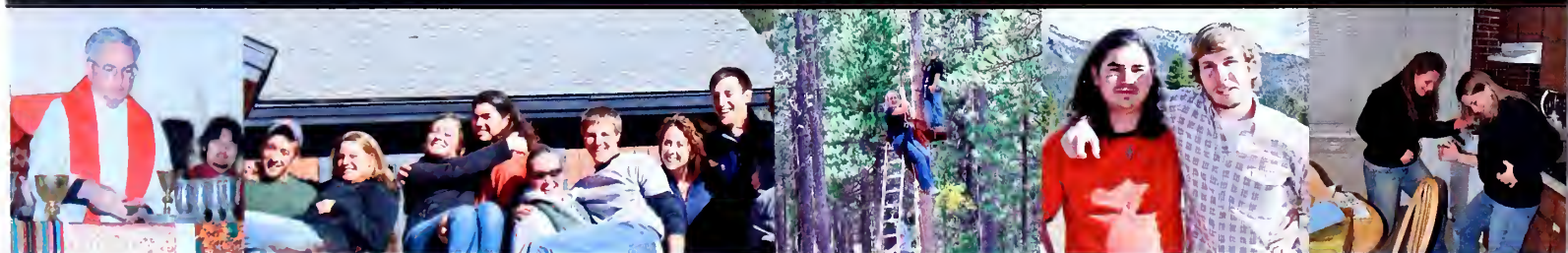


Another beautiful day in Breckenridge.

Mmmm... Marshmallows...



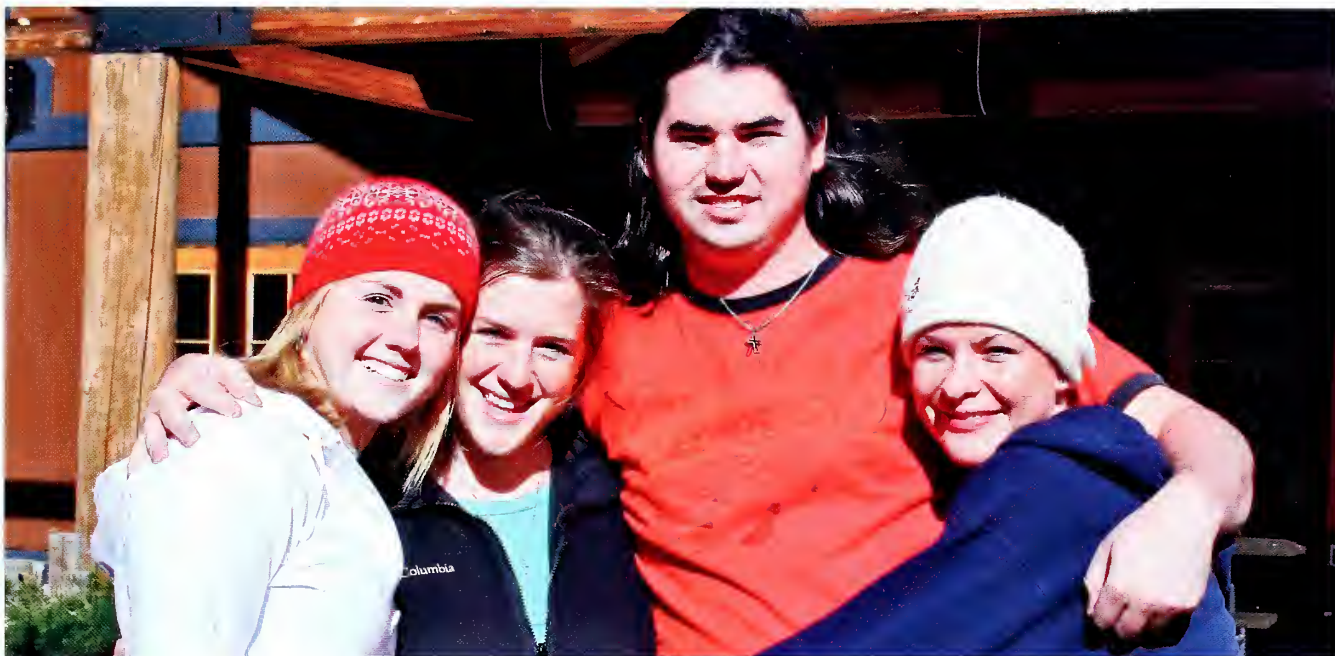
Look! It's Regis' own Spiderman!





Retreats are a great way to meet cool people.

Check out this ladies' man.



RETREATS / UNIVERSITY MINISTRY

Part of being a Jesuit University is tending to the spiritual side of students. These retreats are put on by University Ministry and Peer Ministry. These retreats are conducted at several times throughout the year beginning with the Freshmen Retreat, followed by a Spring Retreat, and Kairos. Patty Sprecco, a Sophomore who works at University Ministry and frequently partakes in retreats, says, "University Ministry provides an amazing service to our students, and working there has been one of the best experiences I've had at Regis."

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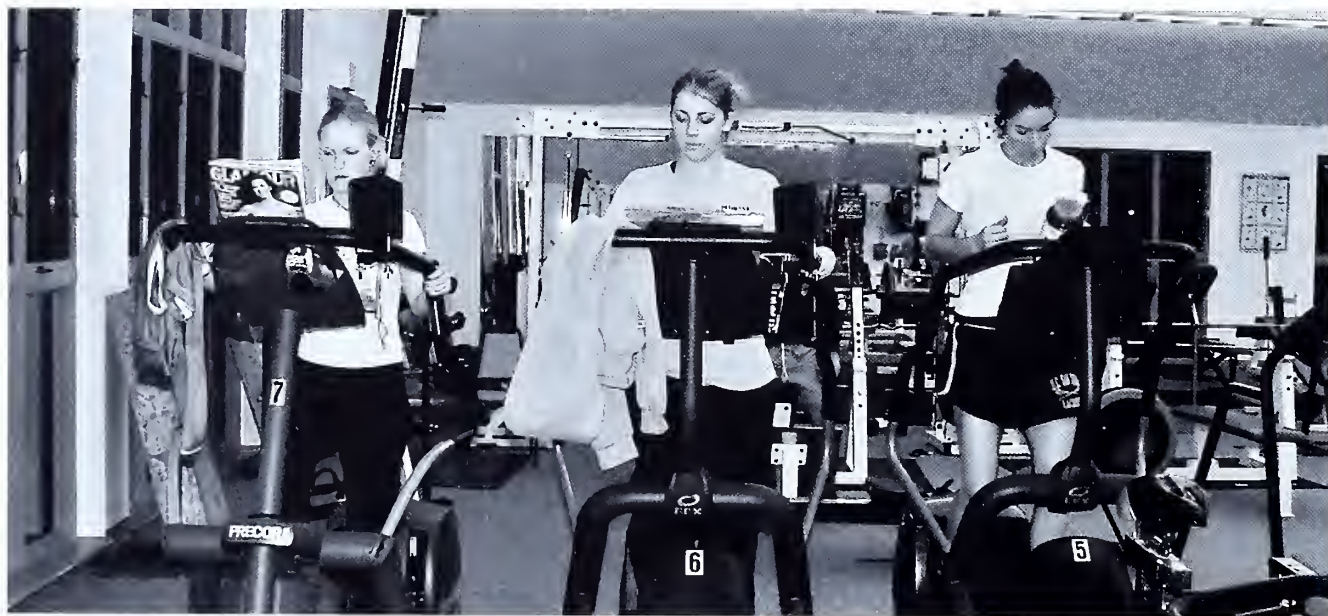
**PEER
MINISTRY
OFFICE**





FITNESS CENTER

Often known as Golds Gym of the east of the Sierra Nevada's, the fitness center offers students a way to work off the guilt of a Sodhexo all-you-can-eat style cafeteria. Offering dozens of student-taught classes, its easy to find faculty, staff and students alike teaching and taking classes in everything from Yoga to Ethodance. An excellent selection of weight machines allows many students the chance to flex and tone their muscles. The excellently trained staff members at the fitness center always take your ID with a smile, and occasionally, if you're lucky, they might be giving out travel sized promotions of the latest in soap and scent technology.



These three girls are working hard!



Work it, baby. Work it!





The year's most exciting addition to the fitness center: a climbing wall!



More students enjoying the fitness center equipment.

Shootin' the breeze in some spiffy cassocks.

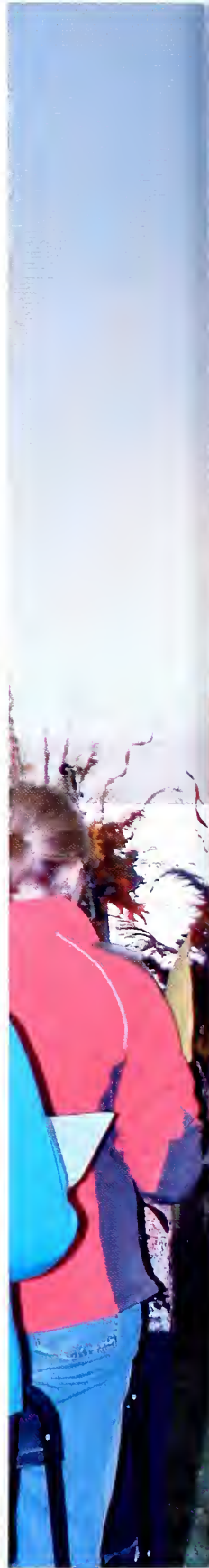


Alleluia! Praise Jesus!



MASS OF THE HOLY SPIRIT

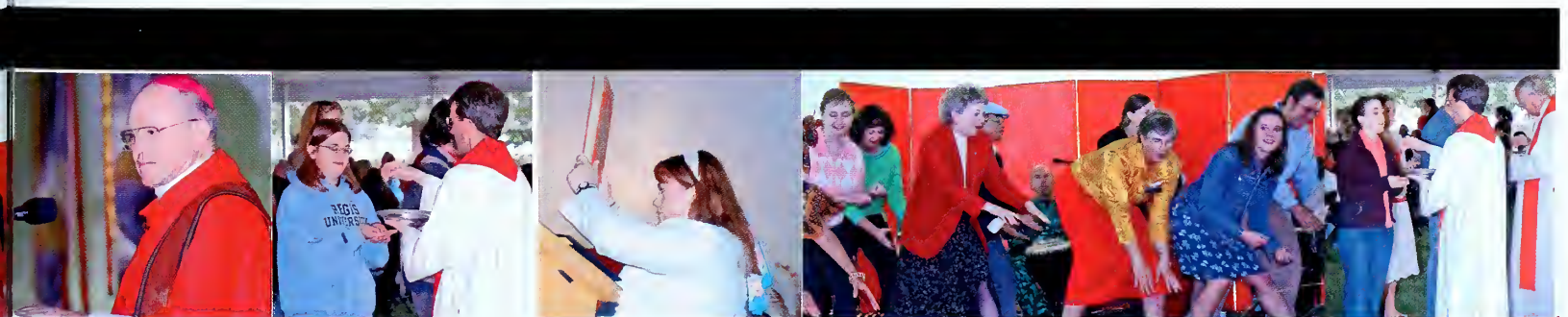
The Mass of the Holy Spirit is held every fall at Regis University. Although most students at Regis are familiar with the annual celebration, few realize that the Mass of the Holy Spirit is celebrated at all Jesuit schools across the country. This year's celebration was a large event. A huge tent was set up in the quad to accomodate all the Catholic practitioners and non-believers who came to take part in the mass. Regis students were given the class period off so that everyone would have the option to attend. Regis hosted several visiting priests who agreed to help out with the event. The mass was a very spiritual and memorable time for all who attended, regardless of their religious background.



The procession out of mass, including several priests from the Regis community, concludes the annual celebration in the quad.



Students exchange the Sign of Peace with one another during mass.





We loved having all of these amazing New Orleans students!



Our lovely New Orleans students striking a pose on the Regis campus.





NEW ORLEANS STUDENTS

When Hurricane Katrina hit New Orleans at the beginning of the fall semester, America watched as one of our most beloved cities was destroyed. Many students from the local universities were left without housing and without a place to attend classes. Seeking to help in whatever way possible, the Regis community opened its arms to our brothers and sisters at Loyola New Orleans and Tulane, much like the other Jesuit universities across the nation. These students, evacuated with little knowledge of the fate of their college or city, became valued members of the Regis community, even if only for a semester. Though most returned to New Orleans, a few have chosen to stay in Denver and continue at Regis.



Fun times with our favorite New Orleans students.



Two New Orleans students having fun in the beautiful Colorado snow.

Marcus loves to paint with his fingers. Look at that smirk, boy are these employees creative!



Here is office manager Monica working hard. Wow, she is in this picture with the potato head doll too, coincidence? I think not ...





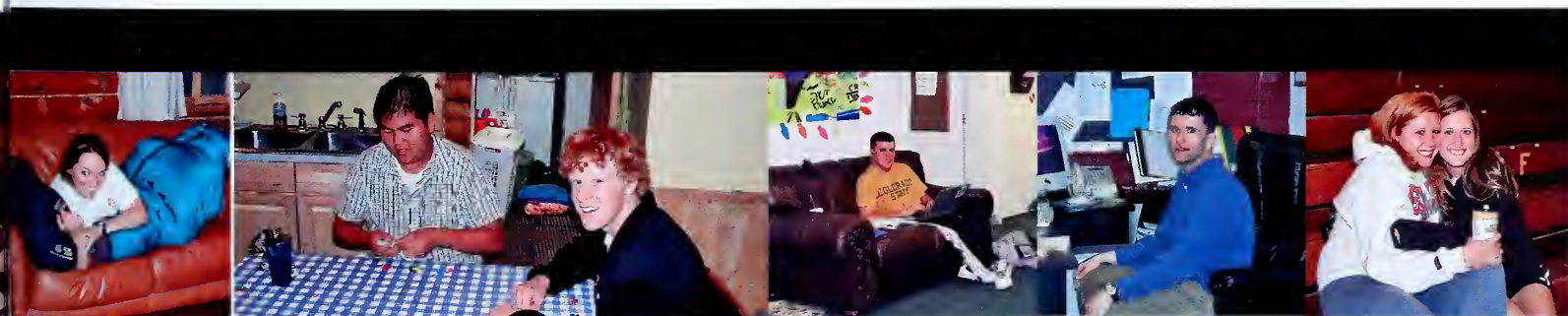
Student Activities takes a break from the dance party to pose for a quick picture. All work and no play makes Dave a dull boy!

Working for Student Activities may be hard work, but these guys sure know what it is to have fun! Why the long face Steve--mad that you are not holding Mr. Potato head?



STUDENT ACTIVITIES

Do you need something to do tonight? If you're dying for a fun activity, try consulting the office of Student Activities. Appropriately known as the "social event coordinators", Student Activities offers all types of fun-filled activities around campus. Chances are, if you have been to a school sponsored event recently, it was supported by Student Activities. They have listings posted all over campus to let the student body know what's happening. They plan Thursday Thrills, Mystery 12, Best of Colorado, and various other activities throughout the year, including trips such as skydiving during previous school years. So if you're looking for a good time, go see Dave Law and the whole gang upstairs in the Student Center.





KAIROS

Kairos is the most popular of all Regis retreats, and is held twice a year. People of all faiths are welcome at Kairos, and those who attend say that the retreat really helped them to strengthen their faith. Those who have participated in the retreat also reveal that it was a wonderful way to form long-lasting relationships with other Regis students. Kairos reunions are common, and most people stay friends with the people they met on the retreat. You may be wondering what kind of activities a Kairos retreat entails. Well, the Ranger yearbook paparazzi was unable to gain access to this information. One Kairos participant simply replied, "It's a secret." I guess if you are really curious, you will just have to attend the next Regis Kairos retreat.



Kairos leader Bridget is always up for a hug.



Kairos is a great place to make friends...with ferrets.



Exhibit A: A wonderful relationship that began at Kairos.



What?!?! Kairos?!?! Someone told us we were going to flood country!

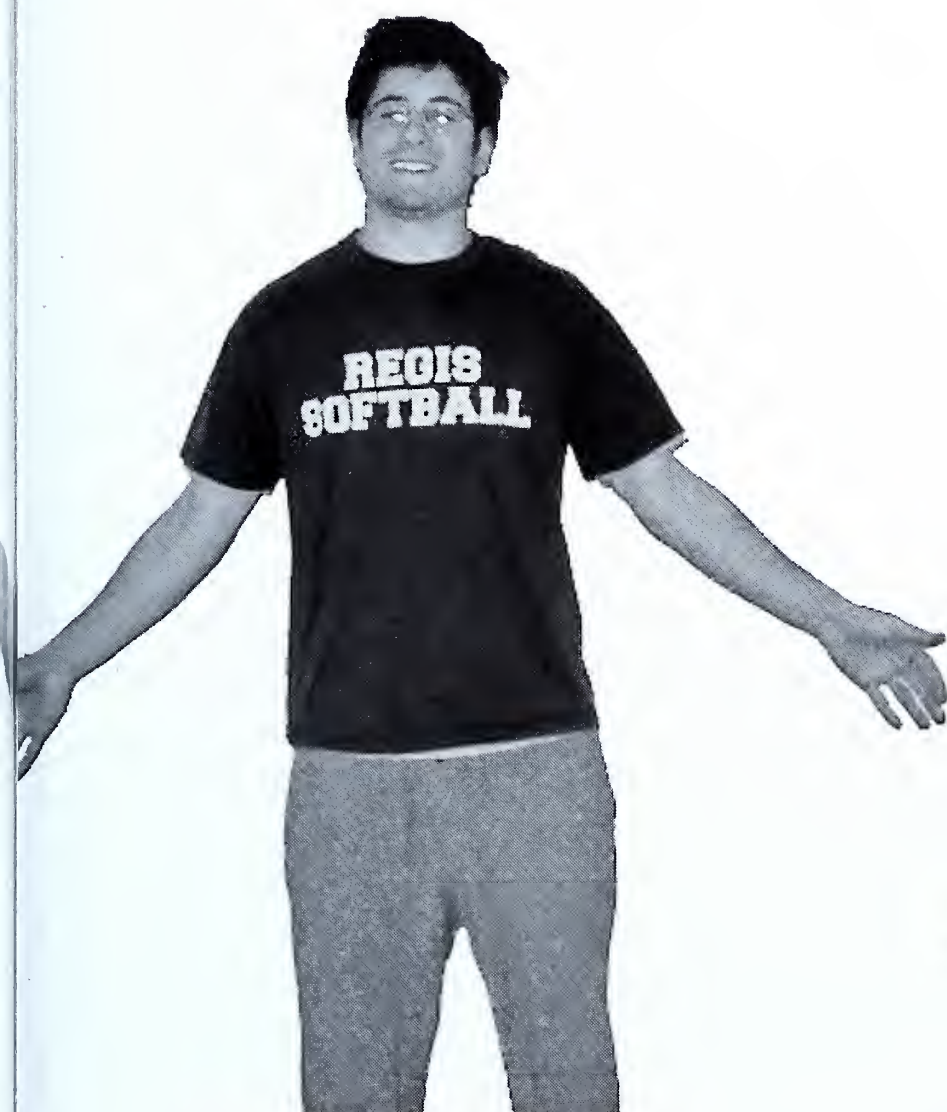


ACADEMiCS DiViSiON

Have fun dressing
up these familiar
members of the
Regis community!
(See page 4)



ALANA



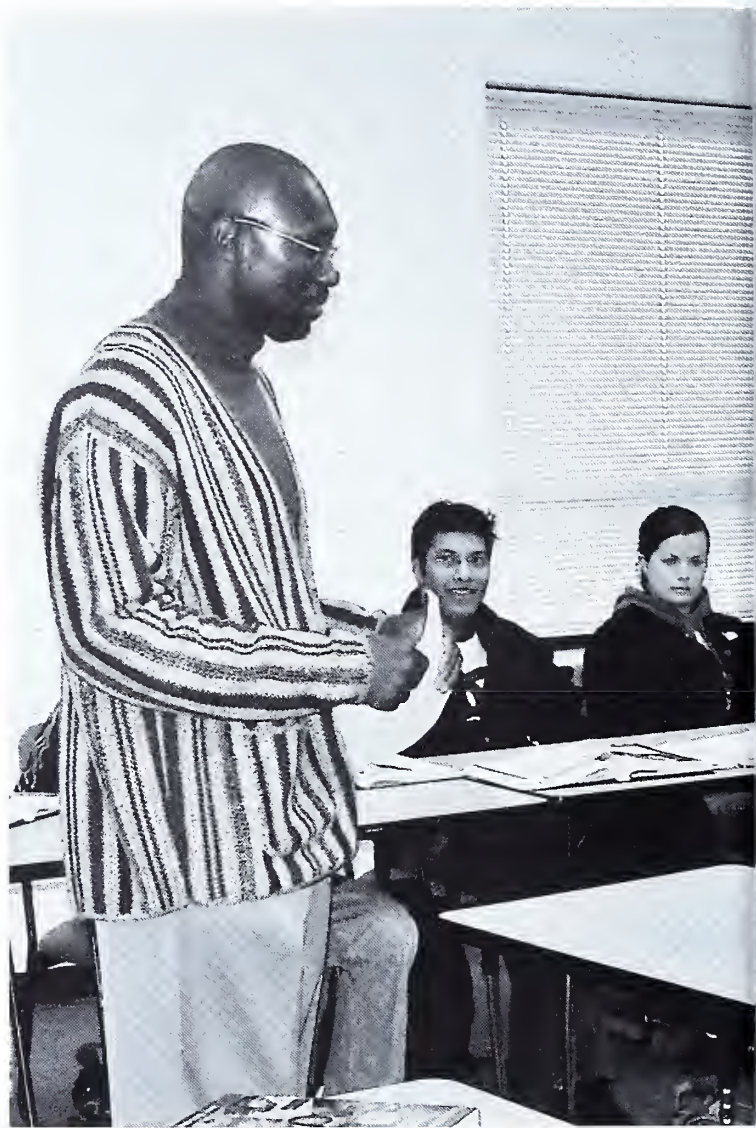
AARON



ELIZA



Can I get a WHAT WHAT from the business majors?!



BUSINESS/ACCOUNTING

Business and Accounting are among the most popular majors at Regis. "When I'm done here, I'm going to blow that schmuck, Donald Trump, out of the water," said Samuel, a freshman at Regis. "Our program is the best," said Regis Business spokesman Bill Gates. "We don't believe in teaching pure business. A good leader needs to know more than just the basics. That's why I dropped out of Harvard. Pure business was all they taught there—step on everyone's face until you get to the top. Well, look at me now." Business and Accounting majors receive a broad liberal arts education as well as management, marketing, finance, and all that other boring stuff. That's why the Range businessmen are the best. Go out and get 'em, ladies and gentlemen.



A class full of Regis students learning the secrets of the business world.



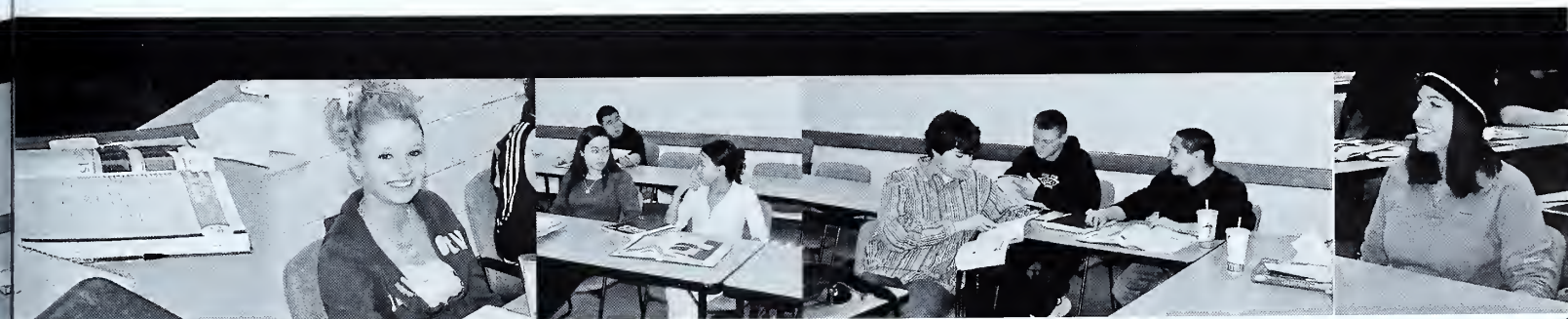
Whoa, buddy! No one should be that excited numbers.



Mmmmm... Pen...



If I'm not mistaken, it looks like there is a future CEO of Fortune 500 companies over in the corner.



So you're trying to tell me that writing center employees won't write the papers for me?!?!?

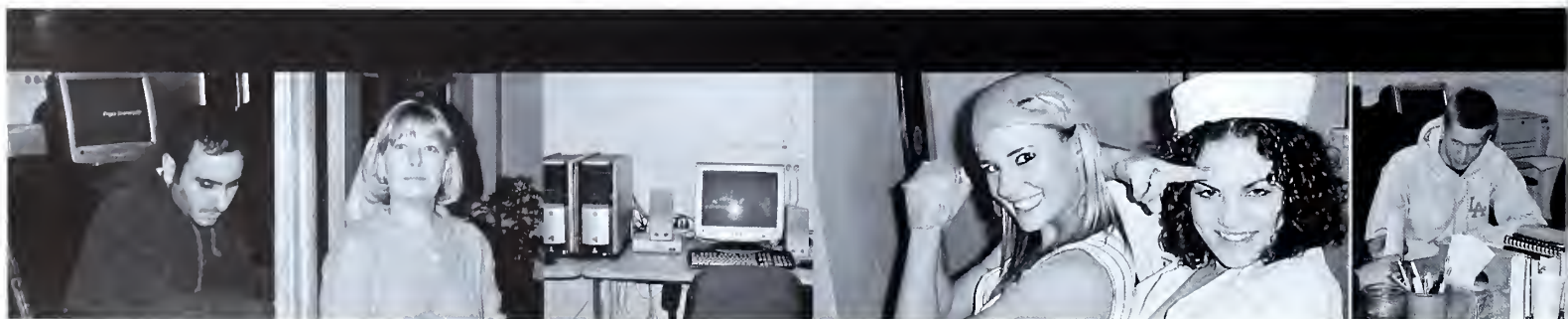


ENGLISH/WRITING CENTER

Everyone in college has experienced the stress of writing a paper. The endless revision, grammar mistakes, sentence fragments...its enough boggle anyone's mind. Luckily, the students of Regis are blessed with the Writing Center; a gift from God that can answer these questions about commas and semi-colons. With the help of writing consultants, Regis students have been excelling on their papers since 1989.

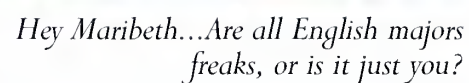
And English majors are most definately the coolest people on the planet.

Disclaimer: This is a completely biased viewpoint based on the fact that the Assistant Editor is a big nerd.



GRAVE YOUR
NOTEBOOK, PAPER,
AND A FEW...
REFLECTIONS IN
ACCEPTING
SURRENDERS AGAIN!

CHUCK PUT THE AN OLD NOTE
FOR MEASURING THE OLD ONE
UPON THE OLD ONE. CHUCK
SUNNY, A FEW FEET OF THE
GARDENING. CHUCK PUT THE
CHUCK PUT THE

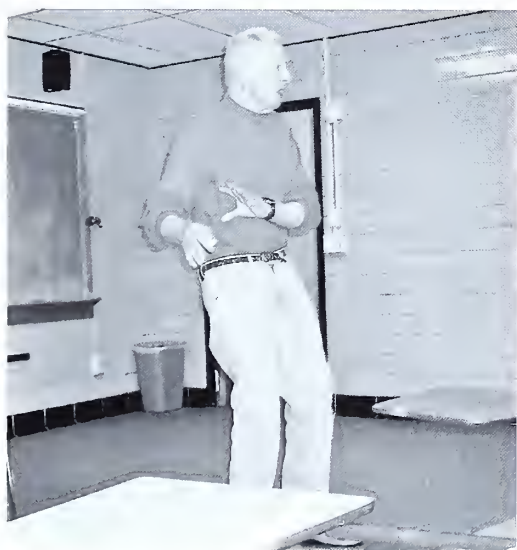




What should I get Dr. Garza for her birthday? Do you think she would like some grapes?



How come the class doesn't look as excited as me?



This girl is pondering one of life's many mysteries...If nothing sticks to Teflon, how does Teflon stick to the pan?

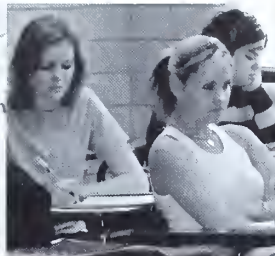


Ever notice that no one likes to sit in the front and center desk?



WHAT IS SOCIOLOGY???

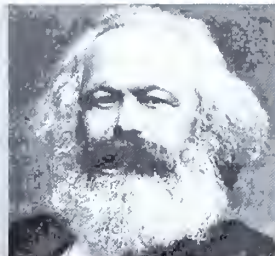
Sociology is the study of social interaction, collective behavior, and the ways people together construct their society.



ZERO TOLERANCE

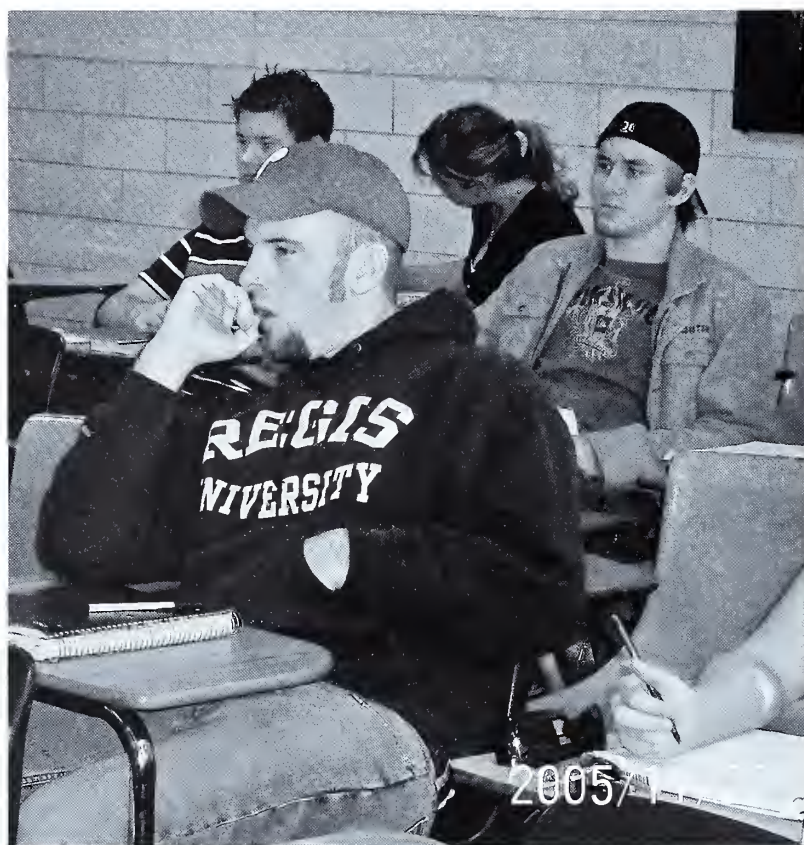


FOR INTOLERANCE



PHILOSOPHY/SOCIOLOGY

Philosophy is the continuation of historical discussions about life, love, society, business, ethics, politics and more that have been handed down since the days when Dr. Duggan first started teaching. The department seeks to critically examine the self and all that it contains, as well as the different possibilities of freedom and knowledge. By examining the real, the aesthetic, and meanings of both, philosophy hopes to find some semblance of truth, and if that even exists. If you have an answer to that statement, you're probably a philosophy major! Sociology teaches students to analyze social systems and their impact on the larger society as well as the individual. The teachers strive to get students to look beyond themselves and the system in which they have been raised and see themselves as active citizens, not only at Regis but also in society at large. Which is also another way to say that they are really just a bunch of tree-hugging hippies who long for the glory days of the civil rights movement. But really, Sociology's unique perspective on human behavior offers students another valuable view on society and being an active citizen.



This photo was taken on the 22nd day of the eleventh month in the year 2005.

Two girls practicing hard to be good teachers.

Have you seen my dog? He's about this big...



Study hard, girls!

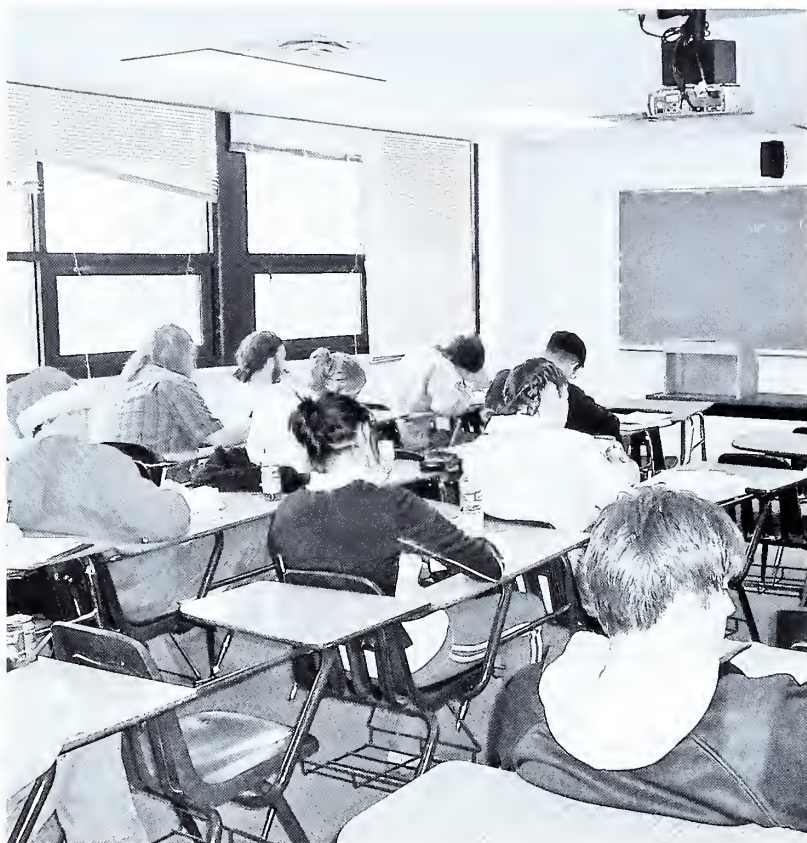


Hey, class... at least try to look interested.





These students are taking scrupulous notes.



PSYCHOLOGY / EDUCATION

How does that make you feel? If ever you need to answer this question or have similar questions about feelings, the place to be is in the basement of the science building. The psychology students conduct many experiments and surveys to find all correlations. The education department at Regis is excellent. This department trains students to become the next step in the learning generation. Many schools work with Regis to allow students to get hands on experience.





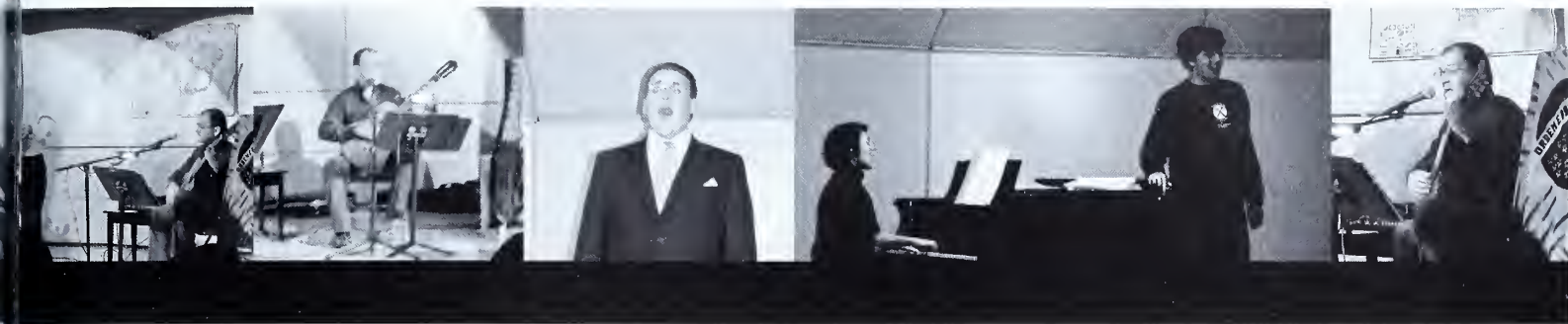
FINE ARTS/MUSIC

Art is an essential part of expressing yourself, no matter what form it takes. For centuries, people have been using art to express their views on politics, love, and contemporary issues. At Regis, students get the opportunity to express themselves through the performing arts, painting, drawing, and sculpting. These classes provide students with opportunities to either experience art for the first time, or hone their already existing skills. Through these classes, students are able to experience the joy of art and add some fun to their schedules.



This man sings and performs a song, it is not everyday you meet someone that can hold a note and make a note at the same time.





College may be a stressful time, so it is nice to have a music program here at Regis where students can get into their passion for music and even get credit for their talents.



Holding her note, a student performs a piece in front of her fellow students. Performance is an important part of the music experience.



Teachers in music are like coaches in sports. They provide a helping hand in the development of the individual.

Right on key, two students hold their final note in their grand performance.

A student talks with Professor Castro at the Spanish Table.

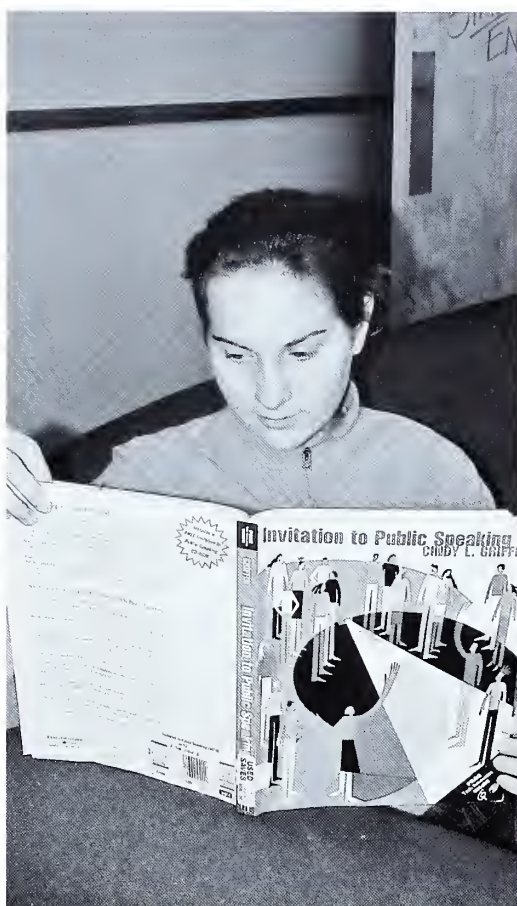


LANGUAGES/COMMUNICATION

In today's society of fast-developing technology and worldwide business, it is more important than ever that people be able to communicate. This means they need to be able to communicate efficiently in their own language, and are greatly benefited by knowing a second or even a third language. Luckily, Regis features spectacular departments in both Modern Languages and Communication, with an equally amazing staff. All students are required to take an Introduction to Speech class in order to graduate, and the addition of the popular Spanish and German Tables allow students to practice other languages outside of the classroom. Both departments work hard to help provide students with important communication skills that can benefit them while they are both at Regis and in the business world.



Two students start to get crazy in their Spanish class.



This freshman is working on her communication skills in Speech class.



These two boys are split into groups in their language class.



These four students have to focus hard to understand their professor in language class.





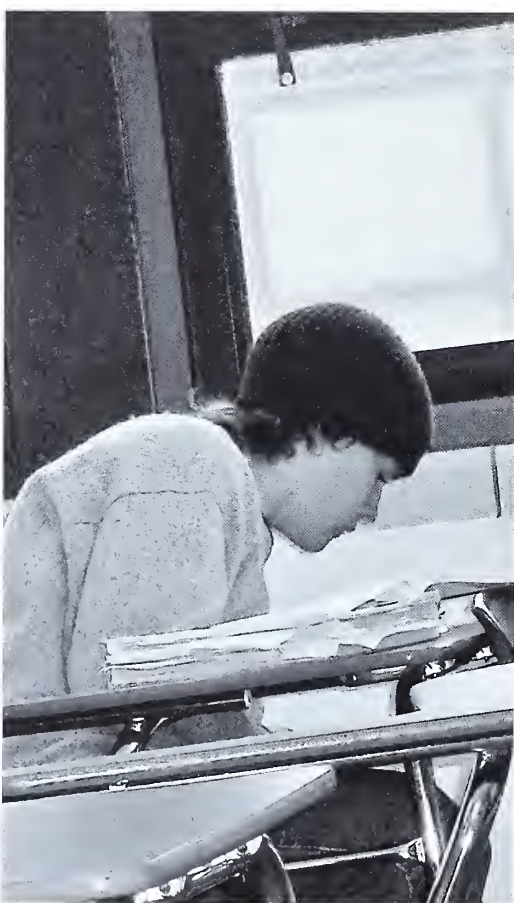
These history majors take a little nap before their final exam. Little naps help these brains get good grades!



Politics is a hard subject matter to understand. These students take some time and reflect on their notes before speaking up in class. Good job boys!



History majors need to know their stuff! This student dives into his backpack to get out his notes from his favorite reading. Dr. Brockaway would be proud.



History may be a core requirement, but that does not mean that students can slack off. These students pay close attention to the slides in Dr. Brockaway's Western Civilization class.





POLITICS/HISTORY

Few things are more interesting than one's history. Couple this with the study of how to rule over masses of people, and you have the politics and history departments. Coming from the greek word polis is politics. And coming from Michael Jackson is history. Etymologically, it's clear these two must go hand in hand. Whether celebrating stories of World War II or analyzing the sinking of a president, politics and history prepare Regis to understand where they come from and how to create a new world.



Look at those future politicians of America!

*It's hard to not feel guilty about something when you're surrounded
by statues of saints.*

*Ugh...I feel sick...Einstein's needs to cut
back on the butter on their bagels.*

Finding God in All Things

*Regis students are encouraged to find God
in all things...even tile.*



*You can always tell how smart someone is
by looking at their bookshelf.*

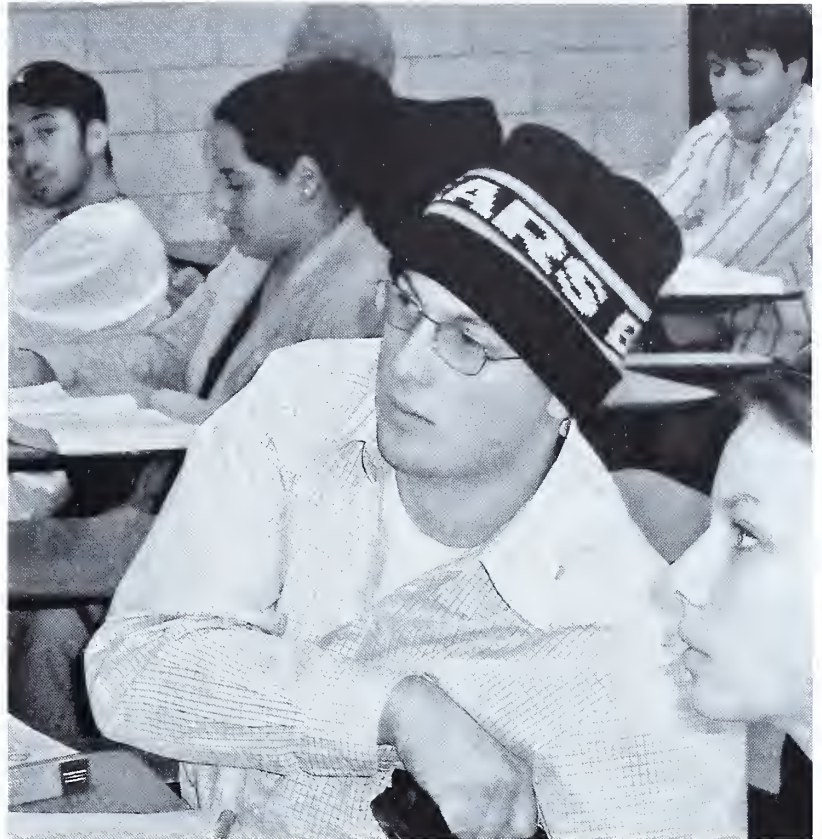


Religious Studies





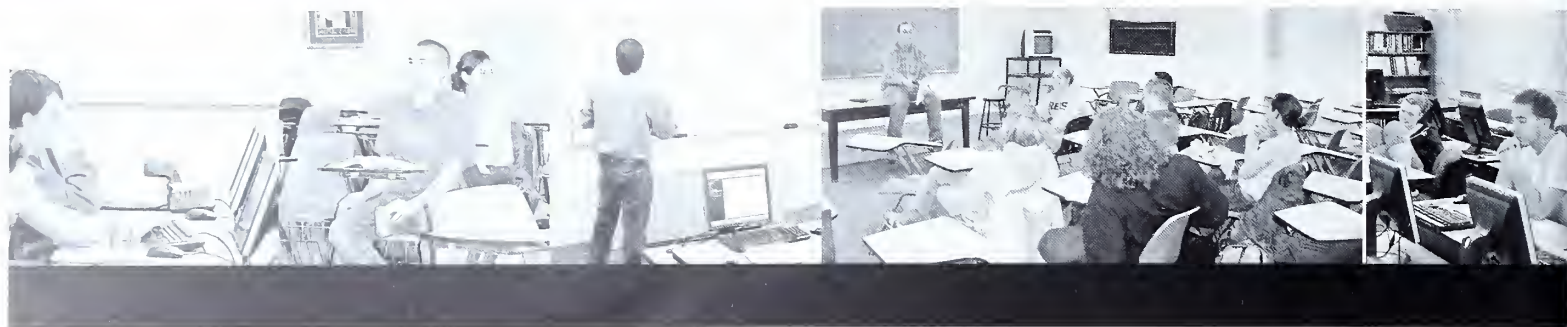
Is it cold in here or is it just me?



RELIGIOUS STUDIES/ JESUIT EDUCATION

Students are required to take at least two religious studies courses, offering a wide variety of perspectives on world religion, as well as Christian and Catholic spirituality. The hope of the department is that students will experience religion in a way that will impact their lives positively while teaching the principles of a Jesuit education. Jesuit education aims to ask questions of students that will stay with them for the remainder of their lives, such as the fundamental theme of how ought we to live. The purpose of Jesuit education is to engage spirituality and education together and find God in all things. In keeping with this mission Regis offers opportunities like retreats, daily mass, a Catholic speaker series, and other areas of Catholic study.



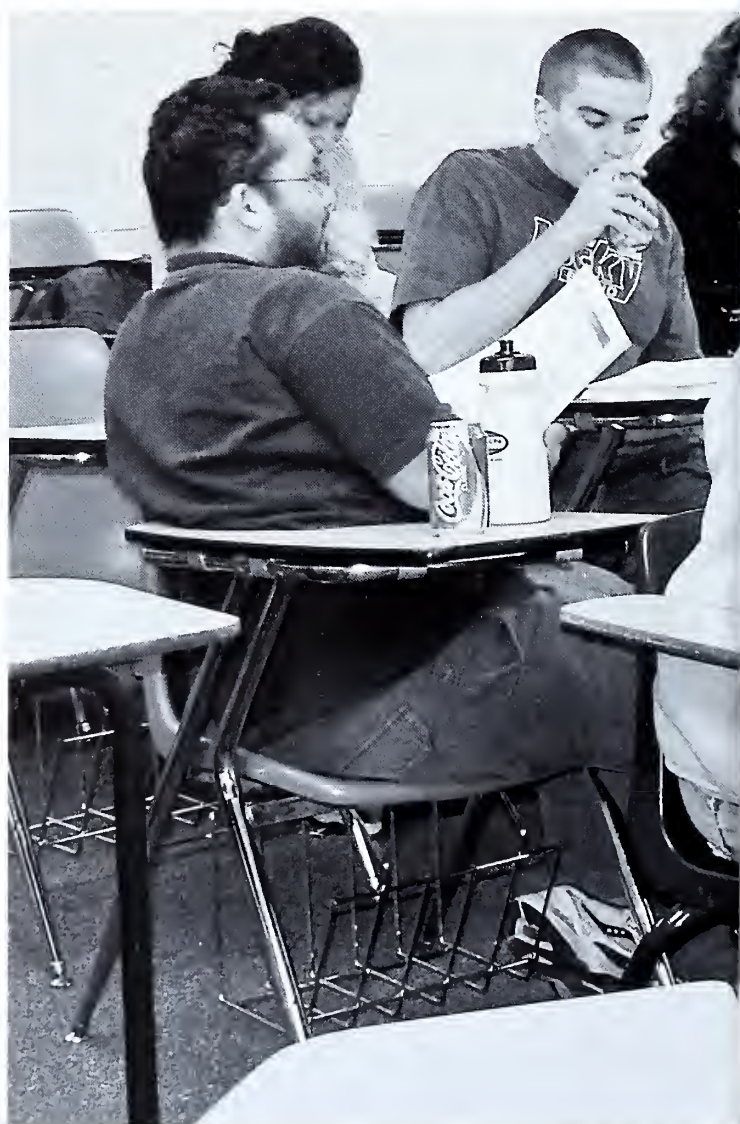


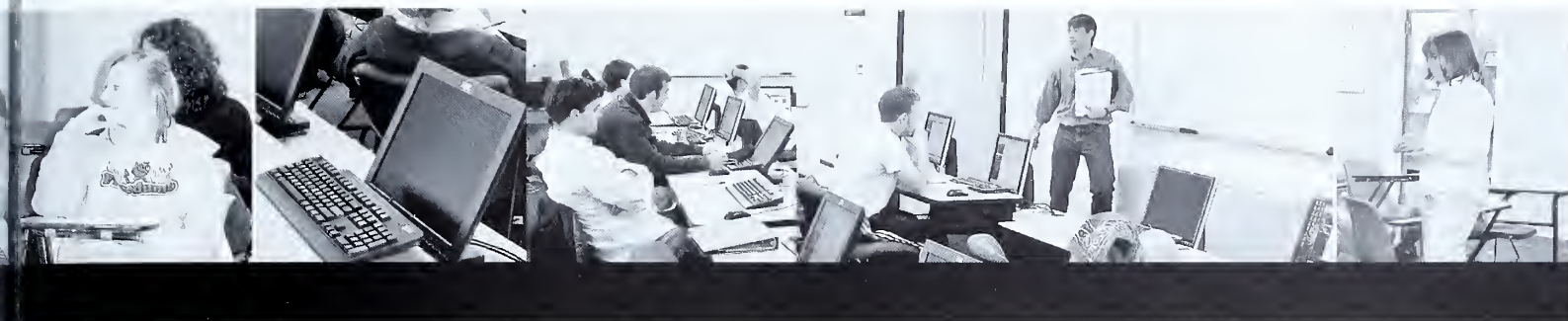
MATH/COMPUTER SCIENCE

"We met in a chat room, now our love can fully bloom always and forever. Yes I love technology, but not as much as I love thee. Still, I love technology...always and forever." If this is the motto you possess, then computer science is the place to be. Our culture is becoming more dependent on technology everyday. The people behind this technological boom are Computer Science majors. If computers aren't your thing, don't worry. Do you like Pi and brainteasers?? Well, then the math department is the place you should be. Every other Wednesday students and teachers gather to express their love for math. It is for pizza and puzzles. Picking at the brain is the only way to keep it sharp.



Computer Science is a great major... You can go on facebook all day and then pretend like you're working whenever the professor comes around.





Ahhh... Computer Science is so relaxing.



What do you mean you can't understand my handwriting?



*What do you get if you divide the circumference of a jack-o-lantern by its diameter?
Pumpkin Pi!*

Hey kids... the whiteboard's the other way.



Meghan and Kateri are having fun times in lab.

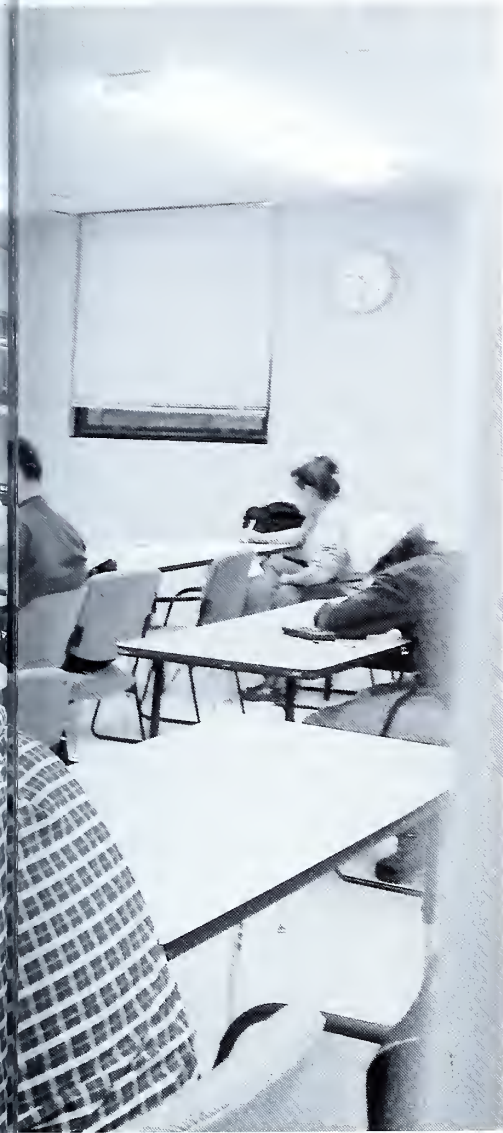


BIOLOGY/CHEMiSTRY

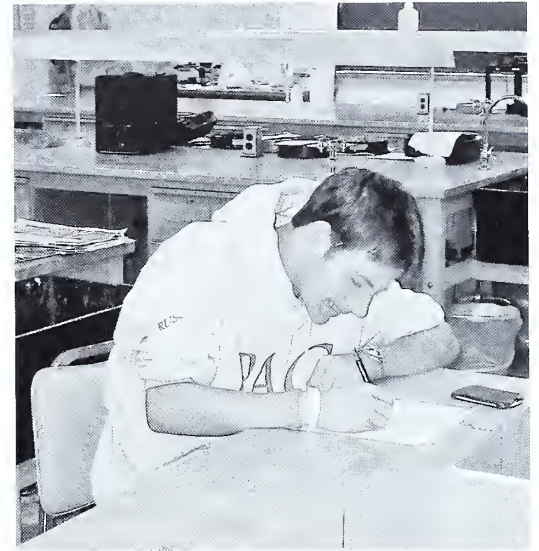
Students can now explore the many mysteries of the mortal world with cute and fuzzy animals and explosive and highly corrosive chemicals. It wasn't always this way. Teaching such radical ideas as evolution, molecules, and the presence of noxious weeds on the east end of campus, Biology and Chemistry have always been subversive ideas. Though science and religion have clashed heads for centuries, at Regis, Fr. Sheeran has artfully brokered a truce between these two competing ideologies. Students are free to experiment and hypothesize as much as they see fit. It was done so well, in fact, that many at Regis refuse to believe that any conflict exists between the two at all. But if that's true, then why is it that the Biology Department is constantly offering sacrifices of party platters and fresh fruit to passing students in its office?



Students take good in notes in hope to pass another hard science class.



A science class looking at many amazing sights in Colorado.



A student studying very hard for his test.

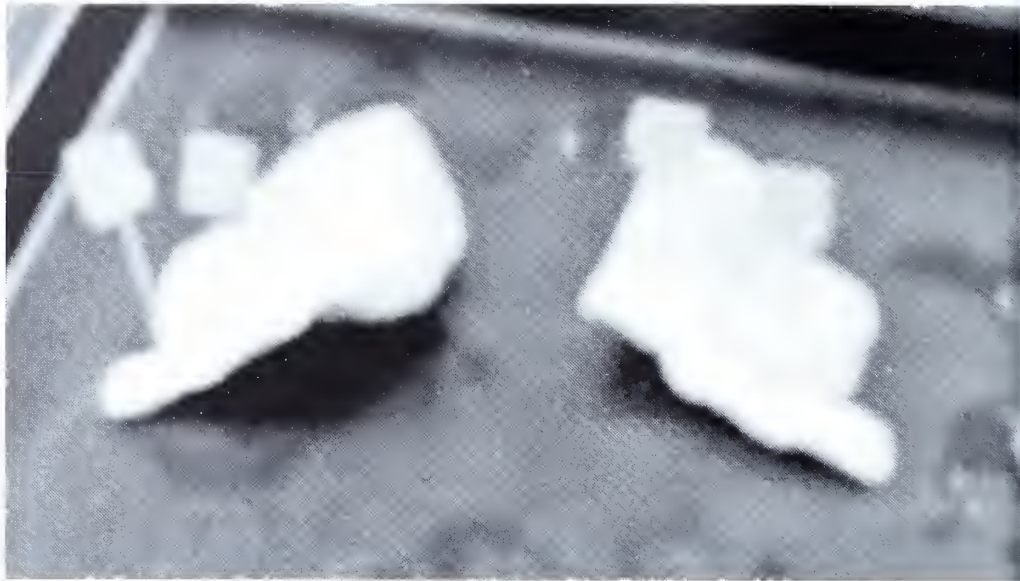


Colorado Natural History students on one of their many fun field trips.





What happens when a physics experiment goes bad? Hopefully these student never will have to know.



This class still finds time to have fun even through a difficult lecture.



A student asks for extra help from his professor.



Holly and Kelsey work and study hard for Physics.



PHYSICS/NEUROSCIENCE

In the words of Jose Lafosse, Ph.D., "We are the best, we kick ass, everyone should drop their major and change to Neuroscience." Calm, rational, well mannered and mature, the Physics and Neuroscience professors welcome all students to join the best major available on campus. Disagree? Well, come talk to one of the professors, they'll make you realize the inner you, that is, the inner Physics/Neuroscience you.



Three students gather around to observe the dissection plate in their lab.

A teacher gives a demonstration to this class.

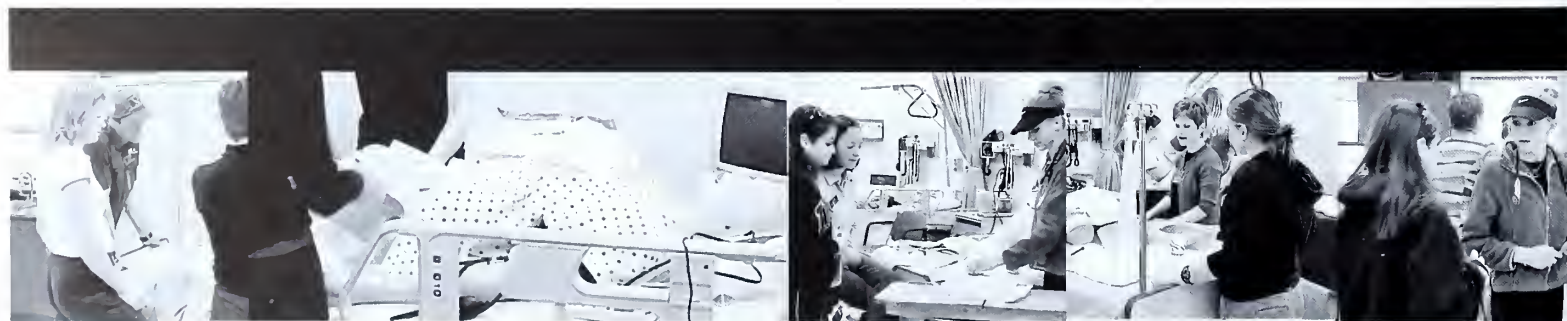
One student works hard to follow instructions.



Here is one of our future nurses!



These girls work very hard to learn new nursing skills.





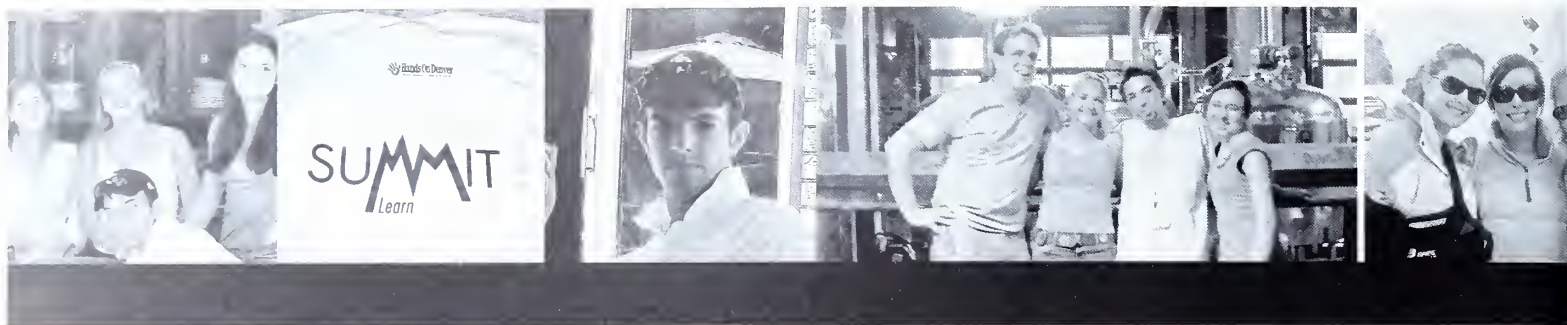
One professor has fun teaching her class of future nurses.



NURSiNG/PRE-HEALTH

nursing and Pre-Health: It is the intense academic rigor and excellence that these students need to succeed that ties them all together. But there is another, unspoken, bond between these two. Every nursing student takes a little known class known as medical microbiology. In short, the curriculum turns otherwise sane and healthy adults into lysol-wielding maniacs that cringe at the everyday contamination of the common people. 30 second handwashing? A good recommendation? NO! a MINIMUM! These future health care professionals strive to learn as much as they can about cells, germs, and gross diseases to help us out. So next time you see one of those stressed nurses, give them a high five! They could save our life one day.





HONORS/NSCS/ALPHA SIGMA NU

Regis University offers a rigorous curriculum for all of its students, for those students who want to challenge themselves even further there are several honors societies on Campus. The recently restructured Honors program offers classes at a more challenging level and allows students to graduate with Honors from Regis. Alpha Sigma Nu is the national Jesuit society which also offers students recognition for their hard work.



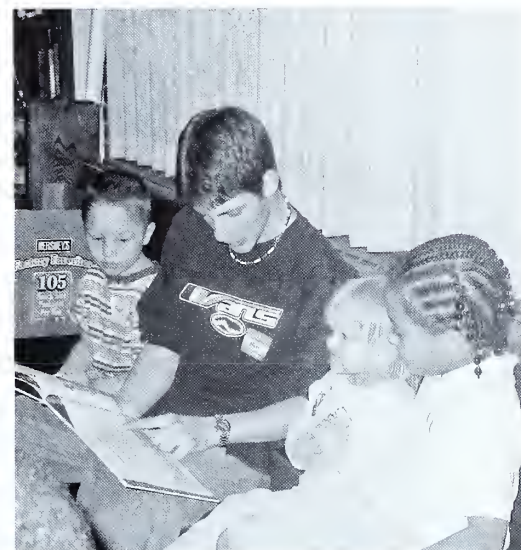
Honors students listen attentively at a conference.





Alpha Sigma Nu love.

Matt reads to the residents at Warren Village while volunteering with NSCS.



Check out these Honors Students.

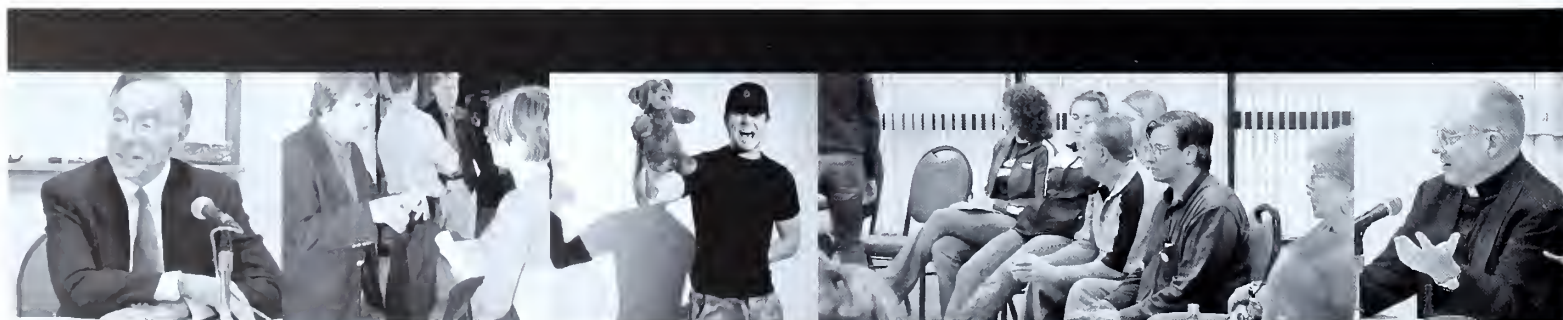
NSCS

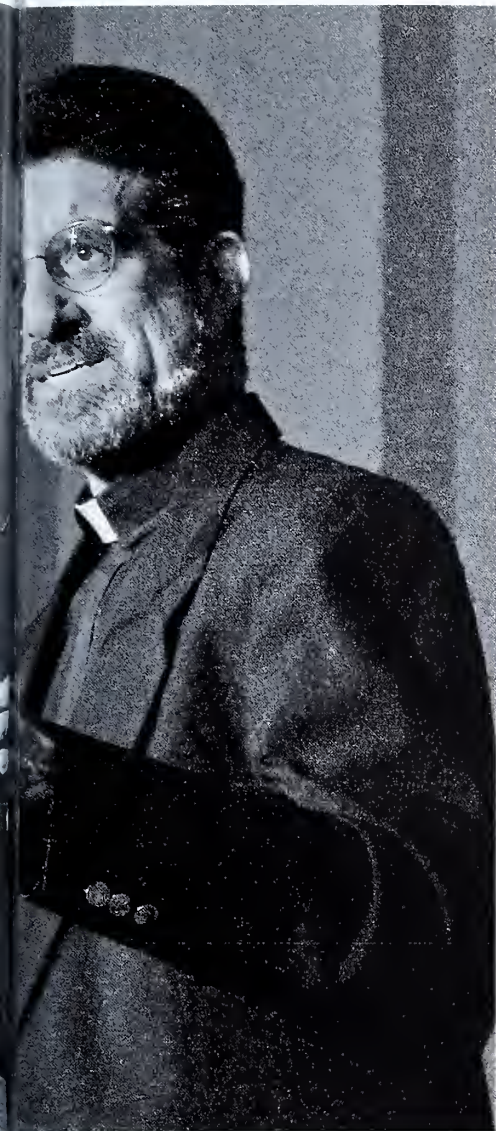
Ken Carnes performs "War, Peace, and the Anatomy of Being Human" in the Ranger Grille earlier this year.



SPEAKERS

At Regis University, our extensive guest speaker series helps to enrich the liberal arts education. Speakers discuss a wide range of topics, including the role of Catholicism in modern society, post-war experience, stem cell research, and bridging the gaps between diverse religious traditions. Many well known people, including activists, religious leaders, and accomplished authors are invited to speak on campus. These speakers are enjoyed by the many students, faculty, and members of the surrounding community who attend the frequent events. In many cases, these speakers supplement the learning that is going on in classes, and serve to generate further class discussion, only enriching professors' opportunities to help students learn.

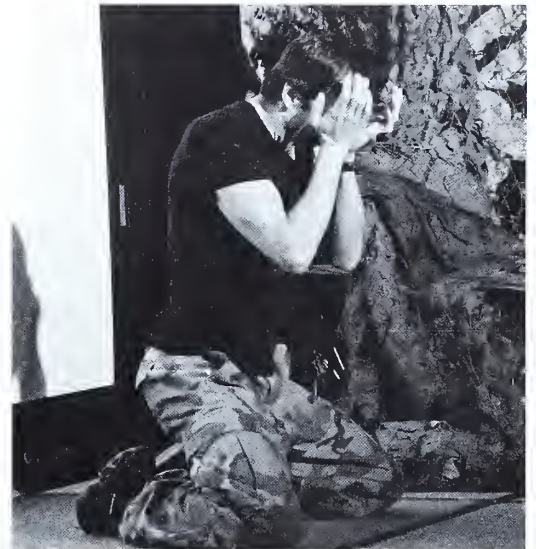




Fr. Simon Harak, S.J., speaks passionately to his assembled audience.



Look at that profile. No wonder Fr. John Dear was chosen to speak at Regis. Ow, Ow!



Carnes depicts the horrors of war through a moving monologue.

Abuna Elias Chacour speaks to a full house in the Science Amphitheater.





Hello Beautiful! Who wouldn't want to get away from dreary Colorado when you have a landscape like this!



Joanna snuggles up to a koala in Australia. There's no other place on earth to cuddle with such a fuzzy creature. Well, legally ...



When you get tired of the snow, what's better than a hot beach? NOTHING! Regis offers great destinations like Australia for all of you suffering from cold feet!



Regis students take some time out of their busy school schedules from across the world to pose for a picture.



STUDY ABROAD

Australia, Germany, Italy, Spain...all amazing places to visit, and even more amazing places to live. With the help of the Study Abroad office, all of this is possible. Working with other Jesuit Universities, Regis opens the doors of foreign and exotic worlds to its students, providing them with life-altering opportunities and memories that last a life time.



Bridget gives her study abroad trip to Ireland a thumbs up!



CLUBS DiViSiON

Have fun dressing
up these familiar
members of the
Regis community!
(See page 4)



MELiSSA



BOBBY



ALLY



EXECUTIVE CABINET

The Executive Cabinet is one of three branches of Student Government at Regis. The Executive Council is responsible for coordinating student activities, as well as attending Board of Trustees meetings in order to represent the student body at large. Many of us have noticed their posh office, located in the Student Lounge on the first floor of the Student Center. That's where the planning of events like Fall Formal, First Snow party, and Thursday Thrills happens so that the student body can enjoy the magic of it all later. So here's to the Executive Cabinet and all they do for us!



Not only do they plan out all important events, these exec cab officers are avid entertainers as well!

Danny kind of looks like the guy in the background. Maybe it's just the moustache.





It's him...the man, the myth, and the legend: Student Body President Frank "the Tank" Haug



You pretty much owe any fun times you have had at Regis to me.



Hard at work, hard at play. Members of the Senate work hard, and goof around.

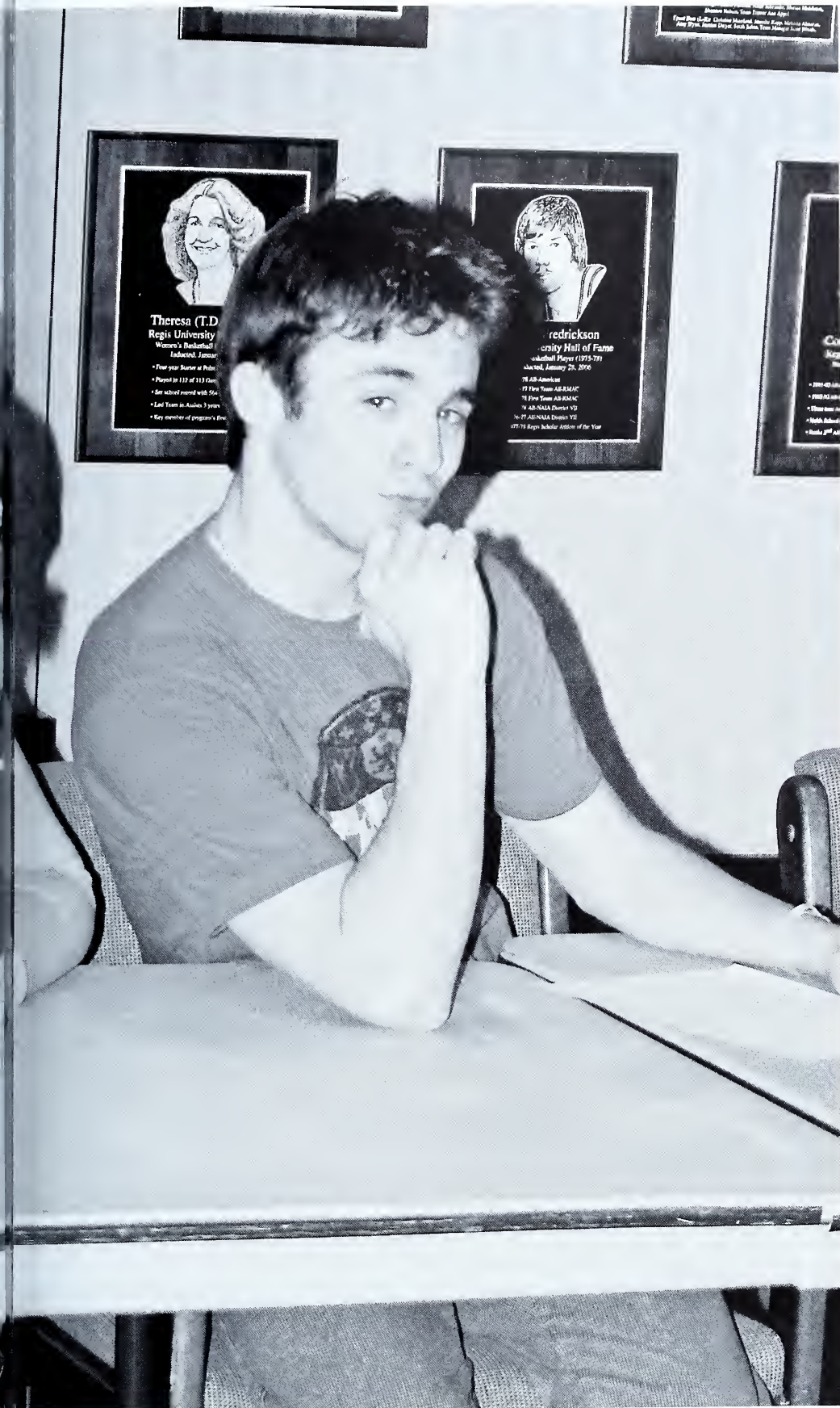
It's not always hard work, members of the Senate have made lasting bonds, and goof around in their free time.



SENATE

This part of the Student Government works with both the executive and the judicial branch. It is comprised of elected representatives, one from each class as well as a member from each club. These elected students play important roles in making decisions around campus. Its focus is to bond the Regis students with the administration, staff and the greater community.





Members of the Senate meet to discuss important information and news that will impact all students at Regis University.



Hard at work, members of the Senate openly discuss topics affecting the Regis community and make important decisions that will help further the Regis experience.





Flying the flag above Camp Casey.



Every little bit helps. A small group of students with big hearts and determination took a stand for about a week in protest of the war in the Middle East.





CAMP CASEY

Despite a small student population, Regis students sure do have passion and drive to speak up for what they believe in. During the third week in March, a small but powerful group of students camped out on the Regis Quad in order to generate support and raise awareness for opposition to the war in Iraq. Hundreds of wooden crosses were strategically placed in rows on the North side of Campus. These students wanted to preach the message of bringing peace to the world and to protest America's involvement in Iraq. Another group who supported the war, also raised awareness of this controversial issue. No matter what side you were on, you couldn't help but take notice of the powerful display of freedom of speech on our campus.

*Special thanks to Burke Raby for all his help with this page.



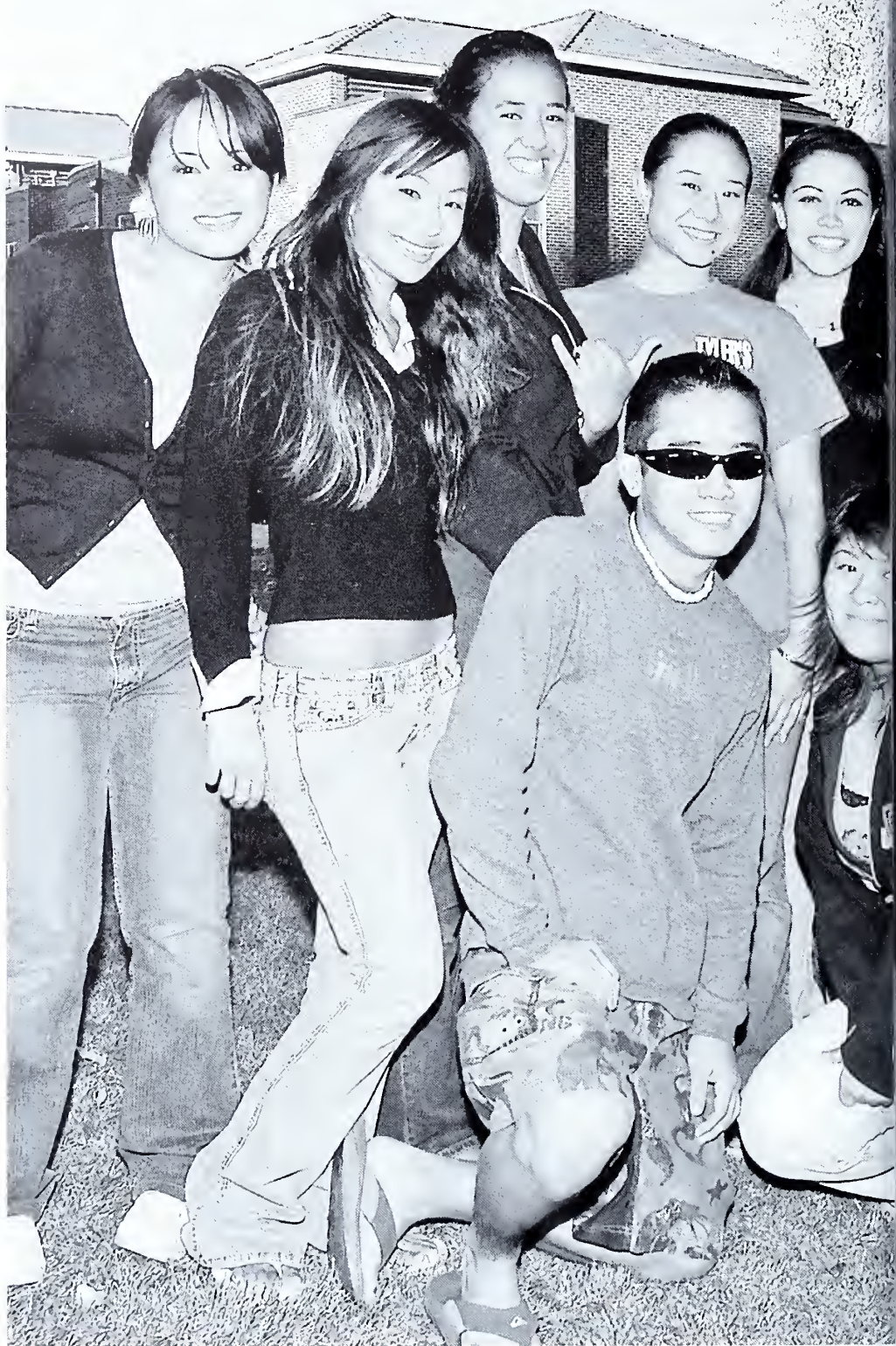
Students at Camp Casey camp out during the week on the Regis campus.

Crosses were displayed on the Regis Campus protesting the war in Iraq, and served as a powerful reminder of the dead.

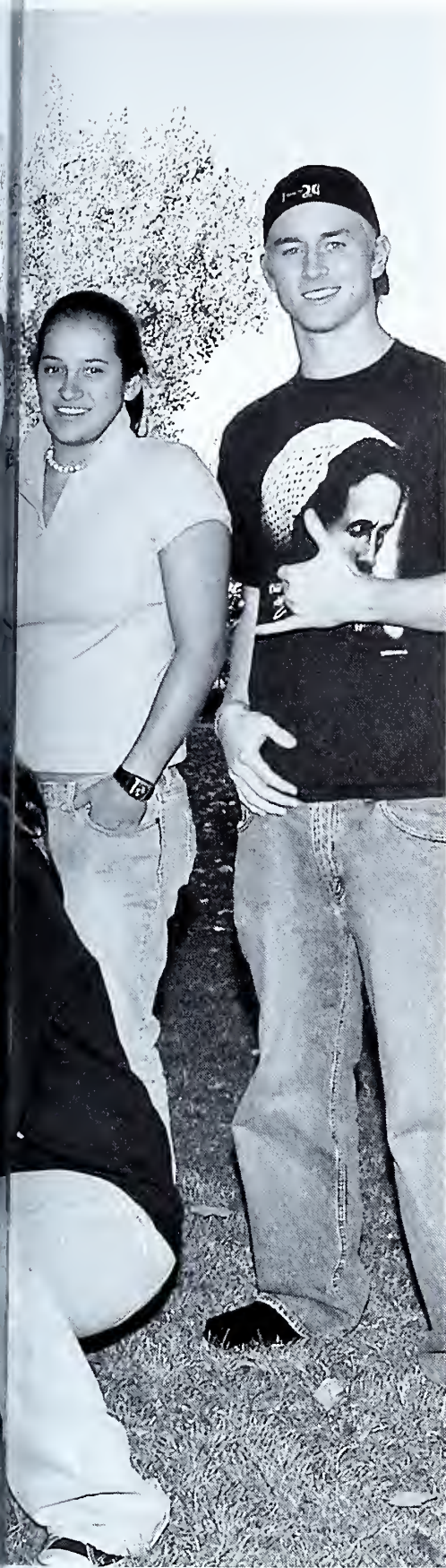
This Native American dance, another cultural event on the Regis campus, generated popularity because of its originality and uniqueness.



Members of the Multicultural Awareness Committee illustrate a traditional African Dance. You Go Glen Co-Co!



Students pose for a picture during a multicultural event. Multicultural events provide students with a sn opportunity to learn about other cultures and create a strong community.



Give me a high five!



MULTICULTURAL EVENTS

Regis University is a small campus with a small student population. It's no wonder you can recognize most people while walking to class. That's the way we like it! Students are able to bond and get to know their class mates. Events put on by the Multicultural Awareness Committee celebrate the differences within each culture, and help others understand the differences, uniqueness, and beauty of others. These differences make Regis different than other small schools; we embrace each other's differences and allow our strengths to be illuminated.





RAUCOUS RANGERS

Sun, rain, wind, or snow, they're at every Ranger game cheering them on to victory. Who is this dedicated group of sports fanatics? They're the Raucous Rangers, a student run group who is as dedicated to having a good time as they are to supporting the teams that give them a reason to scream.



*Another sunny day on the Regis campus!
Also, another win! The 12th man was
definetly out there today! Good job fans!*

*Members of the Men's Basketball team
assemble to cheer on their fellow athletes!
Us here at Regis are sure one big happy
family!*





Raucous Rangers cheer on senior Laura Bisio in her last home game on the Regis Volleyball team.



Fans intently watch a Women's soccer game. No wonder the Lady Rangers played so well. They had excellent support!

Who knew regurgitation could be so entertaining?

Come on N-34...



THURSDAY THRILLS

Every Thursday at ten pm, a herd of people voyage through the quad to the student center in search of the same thing. This "thing" which draws people from their dorms and homes alike is Thursday Thrills. With attractions such as the regurgitator, stand up comedians, and movies...it's hard to stay away. Thursday Thrills are designed to kick off the weekend right, and they sure do.





Everybody loves Bingo night!!!



Only Thursday Thrills can bring about such big smiles.





Time to take a break? A student takes a few minutes to relax. The intense heat and humidity ran down a lot of students.



Jeanette takes a break from her hard work to take in her sorroundings.





REBUILDING NEW ORLEANS

There are many thoughts and emotions slammed together when taking a group of amazing individuals and moving out on an excursion to help those in need. In New Orleans, devastation and heartbreak can, unfortunately, be seen everywhere. People are missing houses, property, and loved ones. Helplessness and hopelessness are only a few words to describe it. When the group began the help with what they could (gutting houses, debris removal, establishing trust among residents), little by little new perspectives were brought to the table. Making that difference, regardless of how big or small it was, was all that mattered. Members of Physical Plant and students joined other volunteers throughout the country working through a relief program called Common Ground Collective. With each group member's dedication and passion, they provided service to our "brothers and sisters." It sounds simple, but it's amazing the power behind such solidarity.



The Spring Break trip, mainly sponsored by Physical Plant, provided an alternative spring break for Regis students.

After the devastation of Hurricane Katrina, Regis students went down to New Orleans to help with the disaster relief.

Chapel construction progress as of January 2006.



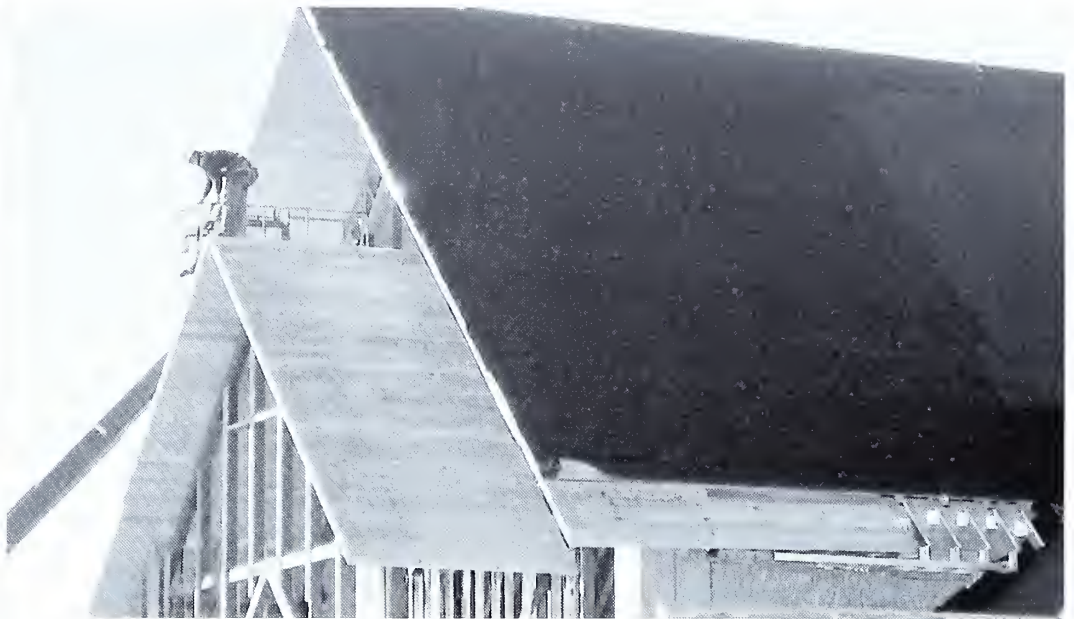
Construction of the new Regis Chapel began in the middle of the 2005-2006 academic year.





The Bell Tower was finally completed on top of Main Hall during Christmas Break. Rumor has it that T-Mobile subscribers get better service now. Coincidence?

The chapel had already begun to take shape by March of 2006.



REGIS CONSTRUCTION

Before we knew it, Winter Break was over, and students travelled back to long days of classes, fun, and learning. Many changes began to take place on the Regis Campus as well. A bell tower was constructed on top of Main Hall, finally restoring the building to its original architecture and beauty. Changes also began to take place with the demolition of KMart, which will bring more sports fields, parking, and eventually more dormitories. The construction of the Chapel began, and before we know it our little Regis Campus won't be so little anymore. New Statues were built, and new plans were brilliantly thought of. This is just the beginning to a new, improved Regis Campus.





BLACK STUDENT ALLIANCE

Any student who knows the roots of his or her culture does better in school and life. Among the groups on campus that help enrich Regis with cultural and ethnic diversity is the Black Student Alliance. As with other affinity groups on campus, membership is open to all. BSA is a group of students who work to create a safe campus for African-Americans, which creates a better campus for all. They also work to promote their customs and culture through celebration of holidays and events on campus. The BSA offers a place for community and hosts events to demonstrate different aspects of their heritage while at Regis.



Leko poses for the camera with a new friend.

BSA is very active in the community and they have put on many events on the Regis campus supporting African-American traditions and activities.





A Regis student helps with face painting while volunteering.



Rock out.

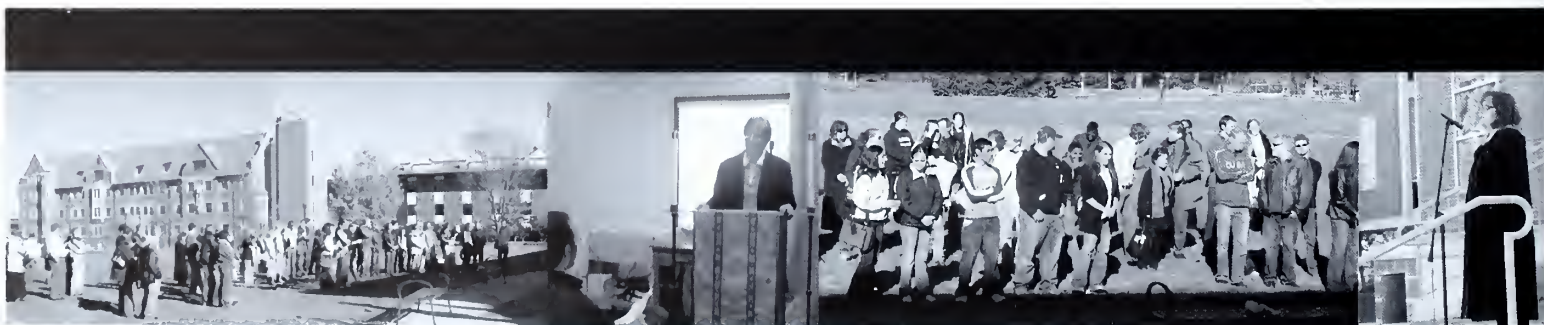
Five examples of what makes Regis so beautiful!

One of Mi Gente's great conferences and fun times.



MI GENTE/ALLIANCE

Two of Regis' many affinity groups, Mi Gente and Alliance, represent the interests of all people by continually working toward diversity on the Regis campus. Tireless work by their members is aimed at fostering the high standard of multi-culturalism and acceptance necessary at a Jesuit institution and desired by the administration. Both groups have taken part in numerous diversity discussions, and hope to increase awareness on campus. Mi Gente sent several speakers to a diversity rally that took place during the first semester, and have sponsored several other events. Events sponsored include salsa lessons and a Halloween party, all of which have been well attended.

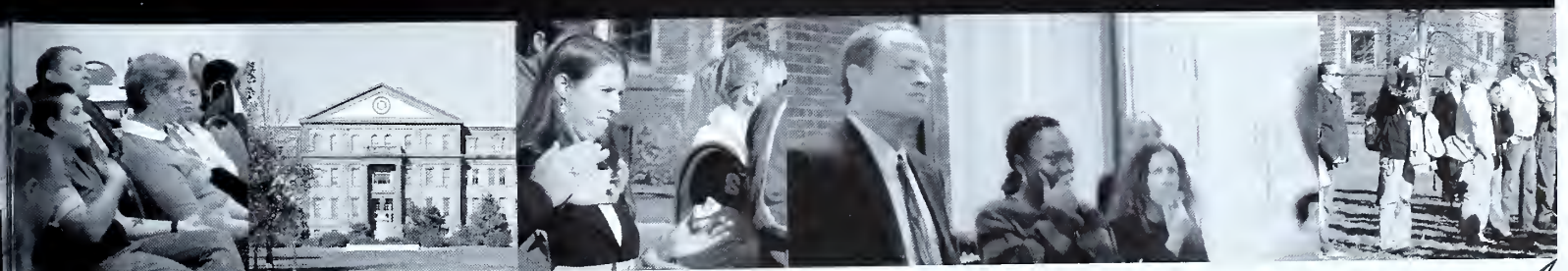




*More people and fellow Mi Gente members
listening to a speaker.*



*Students listening to a great guest speaker
in the Quad.*





Bridget and Kevin enjoy some snuggling to spread their message of love.



A fellow student catches up on events.





SOA DELEGATION

Critical to the mission of Regis University is the question: How ought we to live? Every November, Regis sends a delegation of students to Columbus, Georgia to participate in the Ignatian family teach-in, rally, and vigil to close the School Of the Americas, now known as WHINSEC. This takes place every year to commemorate the brutal murders of six Jesuits and their housekeeper by US-trained Salvadorian security forces. The delegation holds numerous fundraising events, from doing yard work for teachers to a Latin American themed dinner and silent auction. This year, the program included a play done with local actors about the lives of four American churchwomen murdered for their ministry to the poor and oppressed. Attendance was estimated at approximately 20,000 people this year, with Regis sending a record of 40 delegates, including Tom Reynolds.



The delegation enjoys a nice meal after all their hard work.

SOA protestors raise crosses in remembrance of the victims.

The amazing residents lookin beautiful, like always!



Having fun in the corn!





The Romero House take a little water and picture break.

The residents of the Romero House know how to get crazy!



ROMERO HOUSE

Romero House and the Hospitality House are the only school sponsored off-campus houses, where students work together to help benefit the surrounding community. Each year, Romero House choose five students who agree to try and live out their mission statement. Their mission is to live in faith, promote social justice, and to live a simple life while taking an active role in the community. Both hold open house nights in which all other students are invited to share time together eating, promoting community, and having a great experience.



*One student having a great time wrapping
a present for Fr. Woody's Wrap party.*

*Many students at Regis have a serving heart
and helped by attending Fr. Woody's Wrap
party.*



SERVICE LEARNING

Being part of a Jesuit University students are encouraged to participate in the community. If you want to get involved in the many volunteer opportunities Regis has to offer, then Service Learning is the place for you. The resources and network are amazingly large. The Service Learning department offers locations for whatever kind of project you could think of. In addition, some classes have a mandatory Service Learning component, which is when students are required to complete service for part of their grade. Some things are better to experience for oneself than to be lectured about someone else's incident.





Students at Escuela de Guadalupe.



More people helping to wrap presents.



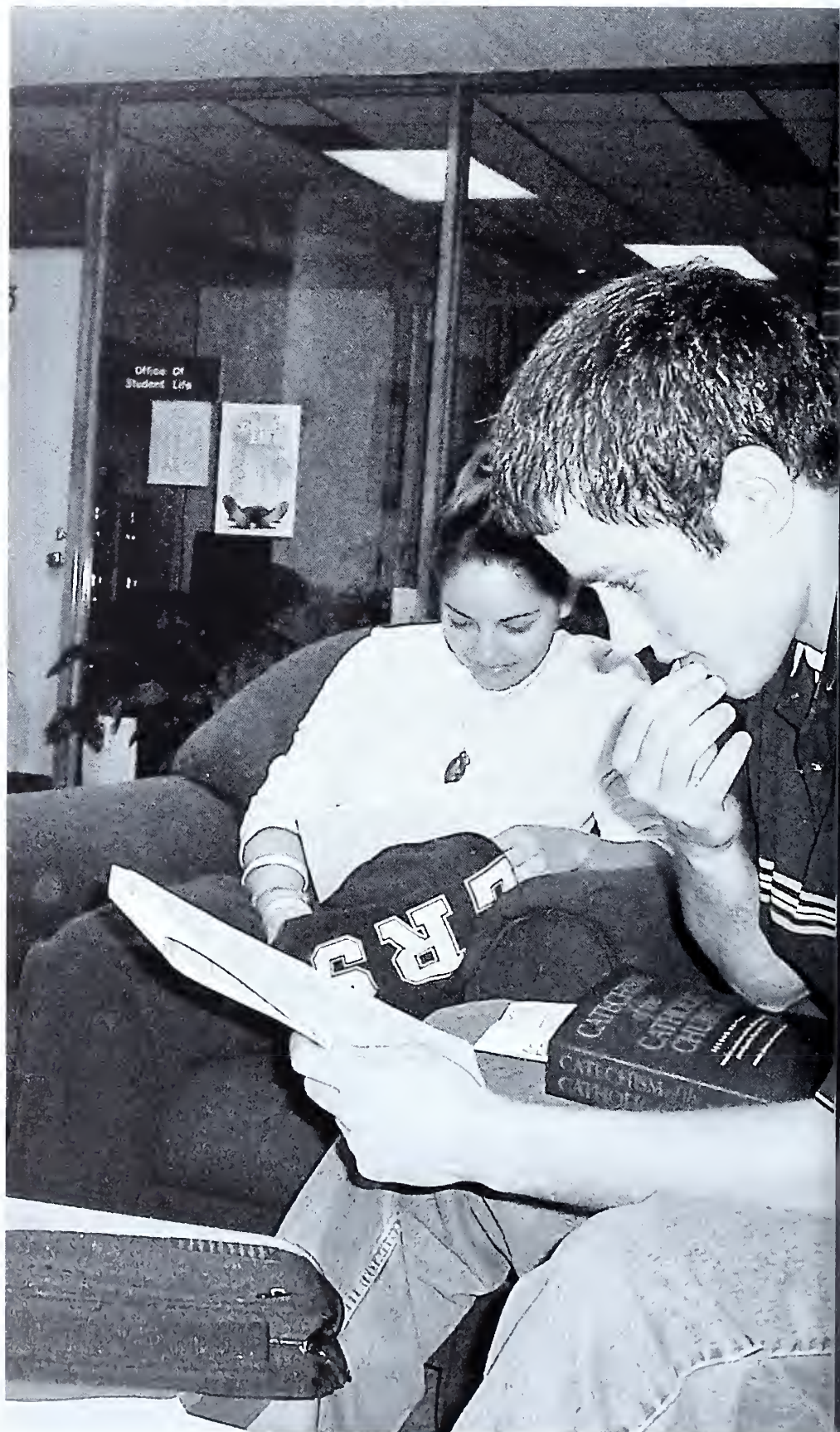


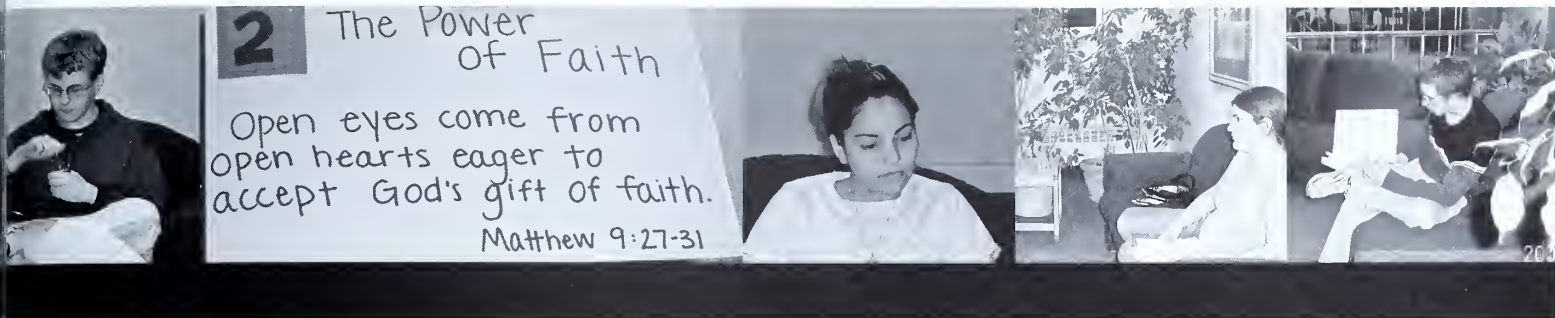
God's Will For
Rejoice, pra
thanks: these
ons help us to c
n our lives.
1 Thessalonian

Reflecting over what they will be singing, these two students feel their words and use their faith to make their song a lasting, religious experience.



A great part of the religious experience is relating one's self to God. A good way to do it is through song! Sing your heart out ladies!





RELIGIOUS CLUBS

Religion is an important part of life, but in between classes, friends, clubs, and homework, it is easy to sometimes forget the religious element of our lives. On campus, there are lots of organizations and clubs designed to help people fit God into their lives. CLCs, or Christian Learning Communities, are just one of these clubs. These groups, run entirely by students, meet once a week to discuss various faith-based issues. There are several CLCs, each focusing on different topics pertaining to religion. There are also groups such as the Jewish Alliance, formerly known as Jew Crew, JCRU, and the Upper Room which all meet to provide solidarity and support to students of all faith traditions. No matter what your religious background or level of involvement is, there is a group on campus to support your needs.



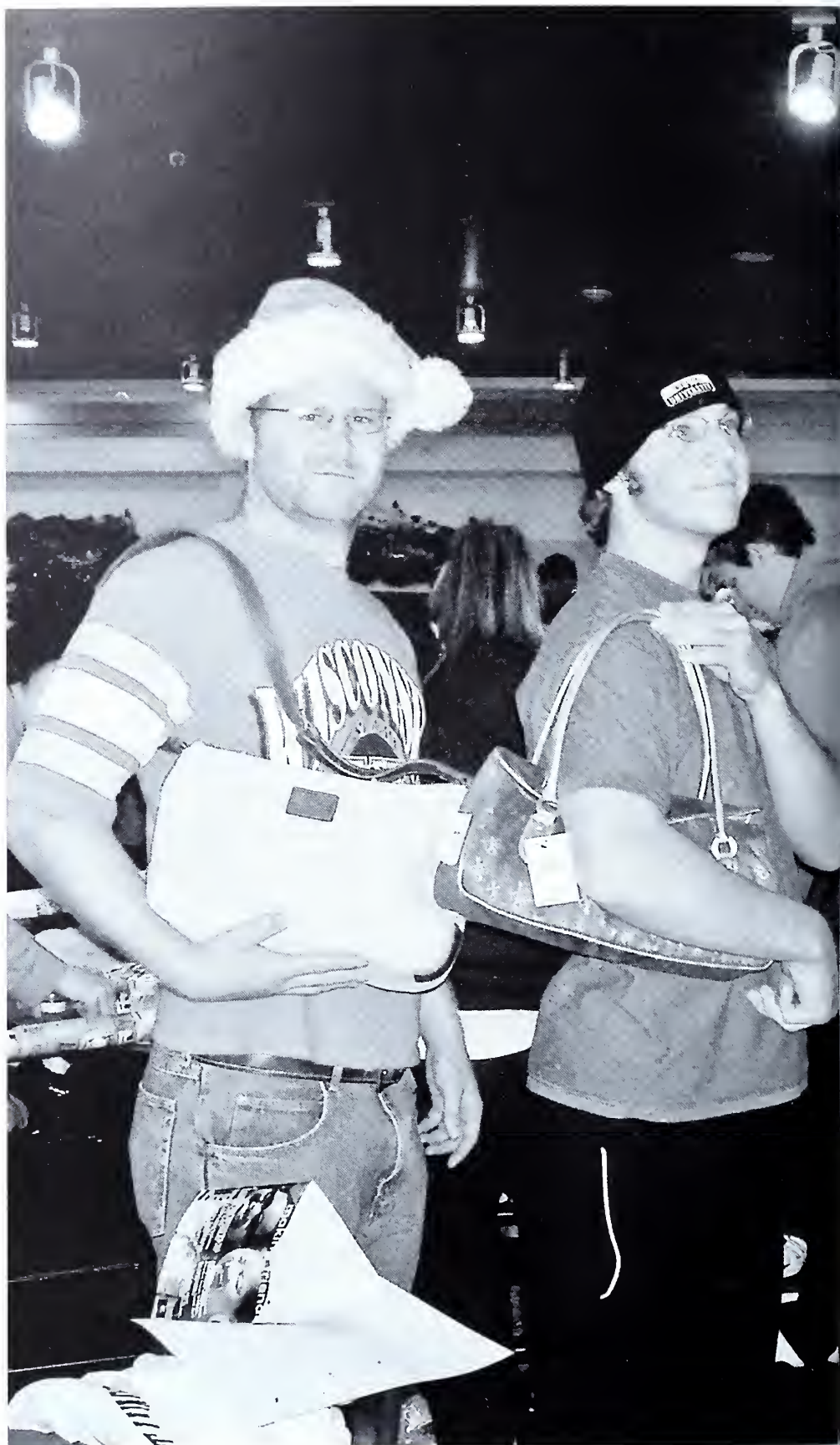
During Bible Study at Regis University, students are asked to reflect on certain topics.

Students read certain passages from the Bible and reflect on these topics and how they relate to their personal lives.

A student enjoys the annual fun of getting drunk in front of cops (solely to learn about drunk driving, of course).



Beth thinks pie is mm mm good!





What beautiful purses gentlemen!!!

Enjoying some Colorado mountain air.



CHOICES

Choices is here at Regis to make the College experience not just what is portrayed in movies. Drinking, partying and smoking are all topics that Choices deals with. This group offers alternate possibilities to college life, as well as educating the student body about healthy ways to live. Choices programs offer advice in ways to live not just in college, but in over all in life in general.





LEADERSHIP DEVELOPMENT

Leadership is undisputedly an important quality to have throughout life. Here at Regis, this quality is fostered in students through the Leadership Development program. This program was designed to prepare Regis students for the real world by nurturing the qualities of leadership through retreats and courses. Steve Troxell, a Sophomore in the Leadership Development program, "The experiences that I've had, and the lessons that I've learned here aren't things that I could ever replace, and are going to be invaluable after graduation."



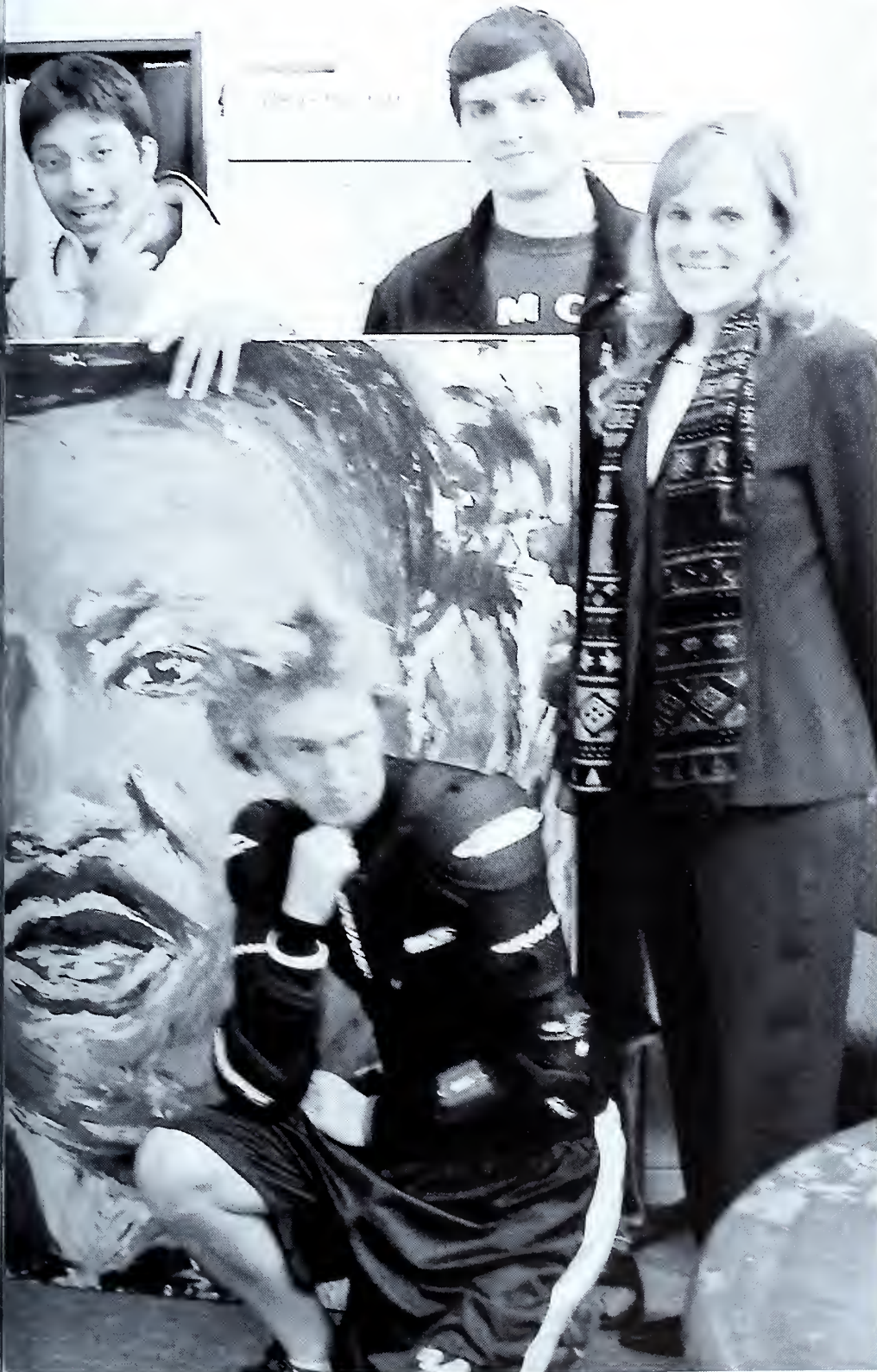
This leadership group takes a second to pause and give a beautiful pose.

This awesome group striking a nice pose by the Martin Luther King painting.





This leadership group knows how to have fun and get crazy.




Leadership is not all fun and games, sometimes there is hard work involved.

Remember when you went to class? Or when you actually studied for tests? Oh, wait of course you don't because The Facebook has consumed your life. Wonder what the zero class attendance is a result of ...?

Bobby Morgan. The man with over eight-hundred friends. Who is Bobby Morgan? No one really knows, but what we all know is this man is obsessed. Say no Bobby, say no.

facebook
home search global social.net invite help logout
Bobby Morgan's Profile
Regis



View More Photos of Bobby (52)
Send Bobby a Message
Poke Him!

Friend Details edit
You are friends with Bobby.

Mutual Friends
You have 326 friends in common with Bobby.

Information

Account Info
Name: Bobby Morgan
Member Since: April 29, 2005
Last Update: March 13, 2006

Basic Info
School: Regis '07
Status: Undergrad
Sex: Male
Concentration: Environmental Studies
Biology

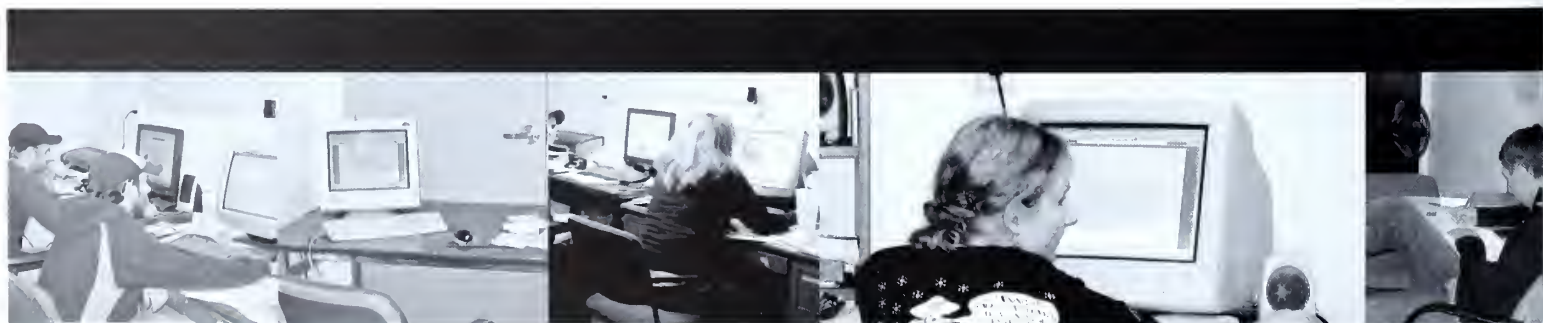
Birthday: 08/28/1984
Home Town: Dallas, TX 75248
High School: Jesuit College Preparatory '03

Contact Info
Contact Email: Rembball@aol.com
School Email: morgan588@regis.edu
AIM Screenname: Rembball
Mobile: 214.502.3090

Personal Info
Interested In: Women
Relationship Status: Single

THE FACEBOOK

The campus frenzy that has swept the nation arrived at Regis late last year. Facebook, a social electronic networking of college students, allows students to keep in touch with friends from Regis and from all over the country. Although not an official Regis club, many find it a useful way to interact and keep in touch with friends and activities on campus. You can search to see who is in your classes, share pictures, join groups, and see what is occurring on campus. Junior Tony Rudy says, "It's a great way to stay in touch with friends from school." Whether one is poking, messaging, or posting wall messages, Facebook is a constant distraction and a great tool for procrastination. The first year anniversary of Regis' official Facebook membership is April 29, 2006, a day that all members of Regis should celebrate.





What did Regis students do before there was Facebook? Who knows, but we heard a rumor that students did, on average, have higher grades, greater attendance, and less puff marks around their eyes.

The Biggest Facebook Group Ever's Profile (You are a member of this group)

ck search

profile [edit]
andis
oups
rbes
ssages
count
nacy

Group Description

This group aspires to become the largest group of facebook users ever!

Be a part of this revolution!

Founded March 1st, 2005.

Officers

co-founder	Chris Rivers
Prime Minister	Spiro Floratos
minister of defense	John Dillo
Director of Internal Affairs	Chad Duncan
Chief of Staff	Jessica Terry

Recent Discussion

Free flat screen

Posted at 4:35pm July 19th, 2005.

Brian Weiss writes "Sign up for a credit card or other offer, get some friends to do the same, and get a free flat screen tv or monitor!"

<http://www.FreeFlatScreens.com/?r=12896180>

(yes this works.... [more])

respond :: message :: view

Kevin Kozlowski wrote at 1:20pm July 8th, 2005:

They're at over 3200 now... We need more peopleeee

respond :: message :: view

RateMyProfessors.com

Posted at 1:49am July 4th, 2005.

Kevin Durie writes "Check out all the professor ratings at RateMyProfessors.com ... then rate your profs to save your friends a headache and lots of wasted tuition \$\$"

respond :: message :: view

Picture

Message All M
Message Boar
My Preference
Remove from

Related Group

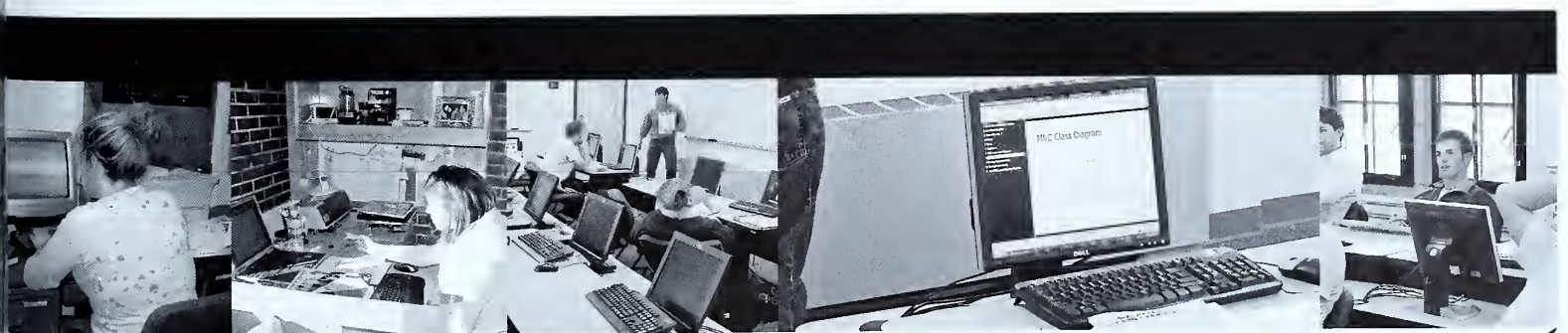
People in this g

- DC NIGHTLI (1416 people)
- I Went To F (1103 people)
- Capital Life
- Family Guy
- GW College (524 people)

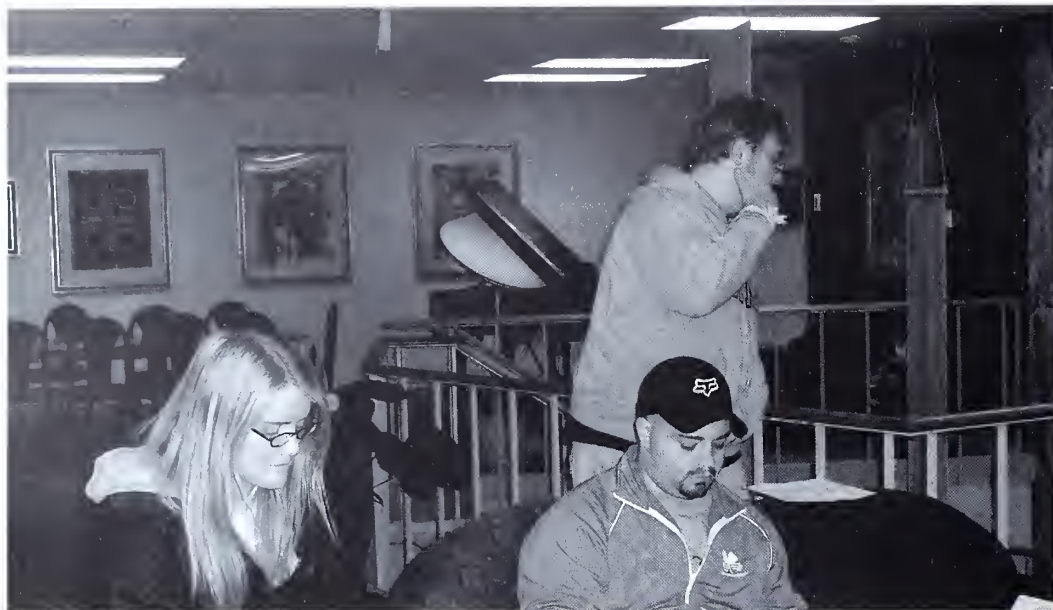
Groups



Are these students working or stalking? They may just be Computer Science majors, but that doesn't mean that they are studious at all times ... Hey, I recognize that kid, he's on The Facebook!



Some RAs hangin' out in the Student Center



RESIDENT ASSISTANTS/RHA

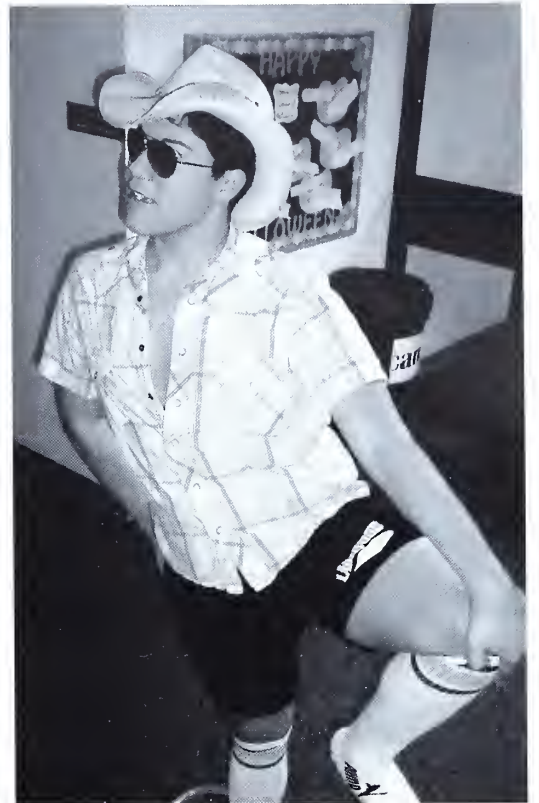
Friends, confidantes, mediators- RAs play many different roles in dorm life. Although they sometimes receive bad reps when they have to act as disciplinarians, this is only one small part of how they can help residents. "RAs really aren't scary. We rock!" says Samantha Quinn (Third floor D'smet RA). Mandatory summer and spring training, as well as Star Monday meetings are a few of the things that show the intense level of commitment that RAs have towards making the dorms a positive living environment.

Another group of students committed to making the dorms a positive living environment is the RHAs. RHAs, or members of the Residence Hall Association, are a group of students who live in the dorms and protect the interests of dorm residents. RHAs are the reason that we Regisites don't have to pay to clean our laundry. So take all those quarters you saved, and go buy a soda.





Crazy RAs are more fun than normal ones!

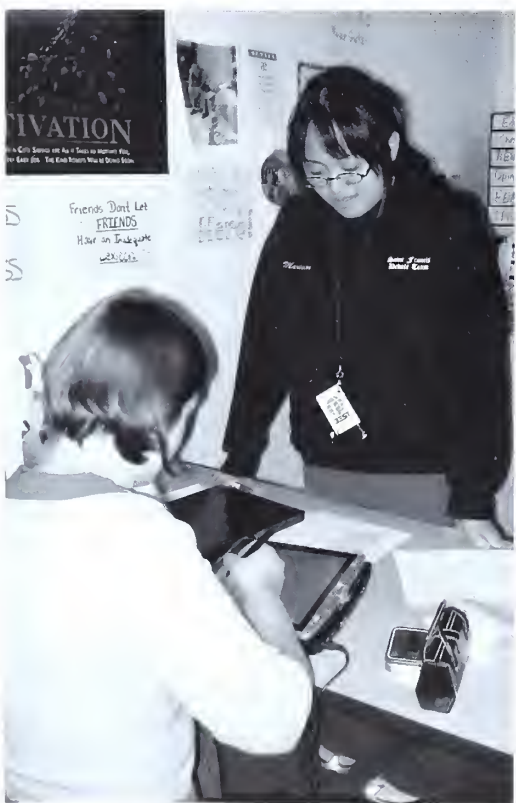


*We love our RAs!!! Until they write us up,
that is.*





Looks like someone was slacking on distributing these copies of the Highlander.



Do you think I should do the article on albino pygmy squirrels or the Regis dance team?

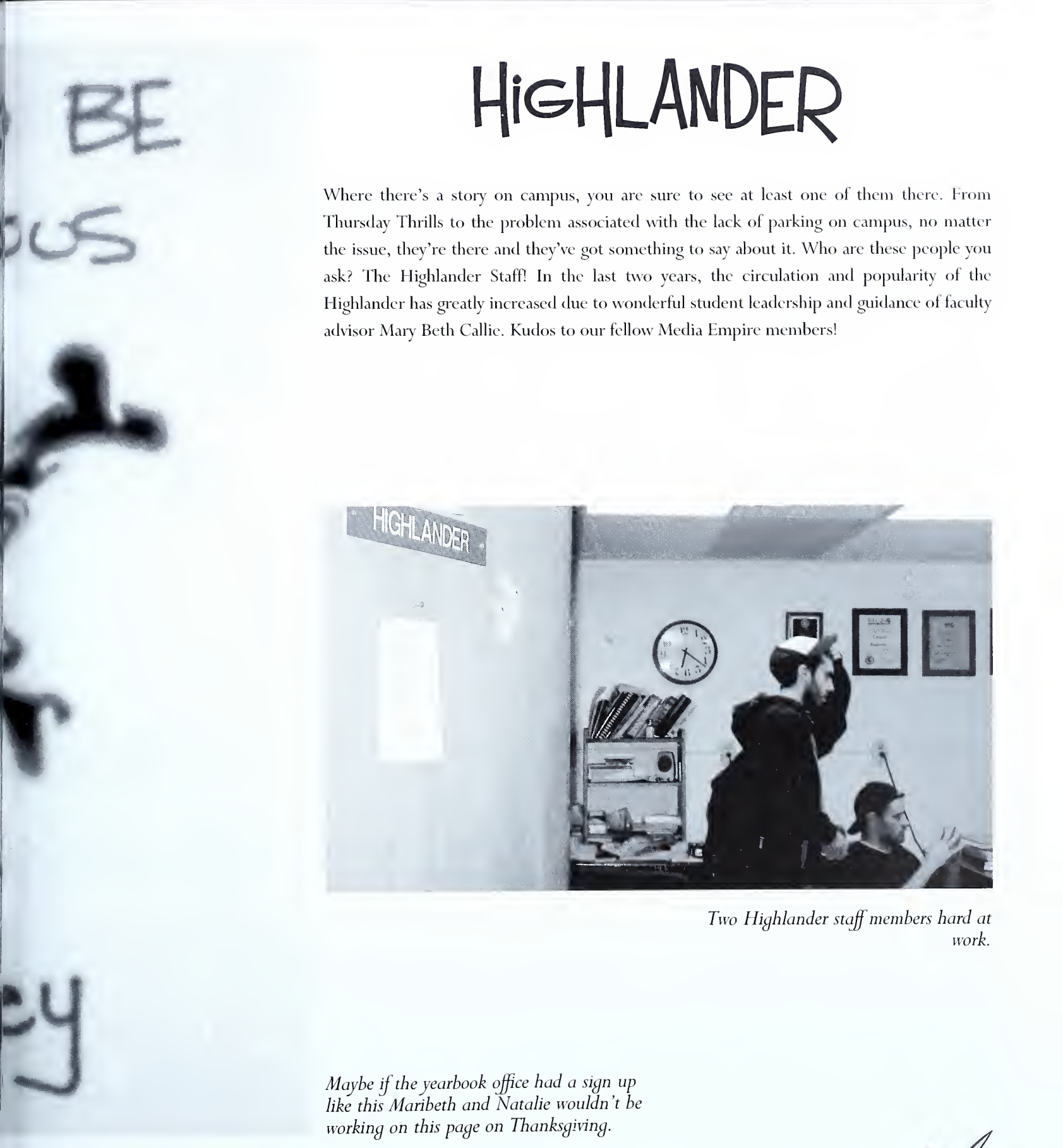
DEADLINE

A SE



MATTE R

Ma



HIGHLANDER

Where there's a story on campus, you are sure to see at least one of them there. From Thursday Thrills to the problem associated with the lack of parking on campus, no matter the issue, they're there and they've got something to say about it. Who are these people you ask? The Highlander Staff! In the last two years, the circulation and popularity of the Highlander has greatly increased due to wonderful student leadership and guidance of faculty advisor Mary Beth Callic. Kudos to our fellow Media Empire members!



Two Highlander staff members hard at work.

Maybe if the yearbook office had a sign up like this Maribeth and Natalie wouldn't be working on this page on Thanksgiving.



Oh my gosh? Is Hanson calling again? No, it's just Bridget.



We also have one of the most beautiful radio crews around.





We have one of the most loving and kind radio stations around. They are always concerned with everyone's well being.

Too much time in the DJ booth would make anyone go a little crazy.



KCRX

Do you hear what I hear? A song, a song is howling in the quad, a song is howling in the quad. KCRX, the new experience is the sound of Ranger Land. It is the student radio station that has come a long way. Now, not only can we listen to weekly programs on campus on 39.9 FM, we can also hear as we watch (only on campus now, but hopefully expanding) channel 14 in all buildings on campus. You may ask, "What if I don't live on campus??" Don't worry, you're not left out! You can also listen online at academic.regis.edu/kcrx/listen_live.html.





YEARBOOK

Yearbook is widely regarded on campus as the elite of newsmedia. All other publications on campus usually see yearbook as the final hurdle to climb before graduating. Though only a few elite will make it to the yearbook staff, even fewer will make it through the grueling process of encapsulating a full campus of memories with such a draconian budget. Still, the hard news, fair and balanced journalists, and astounding photographers of yearbook get it done! There is also no truth to rumours that the yearbook staff uses our meager budget to eat out at Chipotle when deadlines are due. None whatsoever.



Yearbook girls just want to have fun!

Liz and Natalie are stressed because they can never get their deadlines in on time. Liz is going bald, and Natalie has resorted to ripping out her hair.





No... more... yearbook....



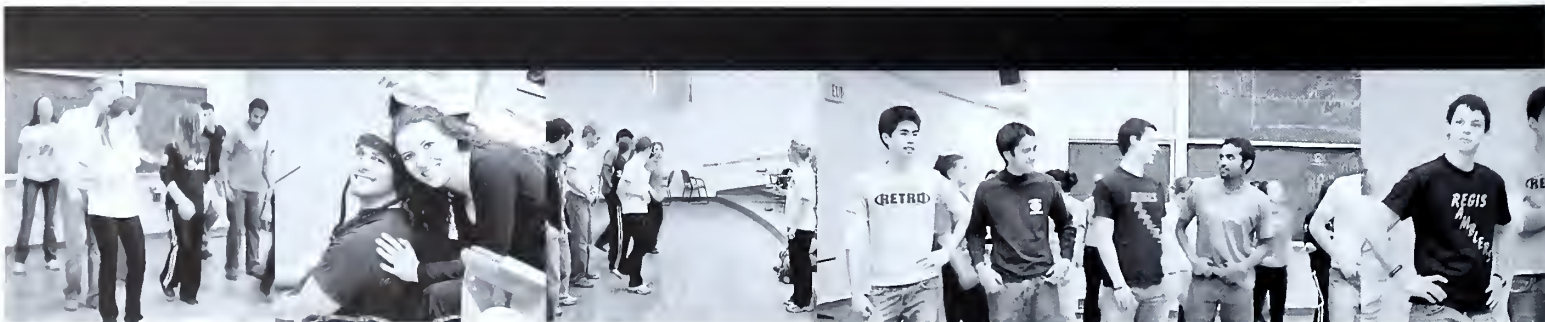
Adrian takes a break from all his hard work to flash a glitzy smile at one of our great photographers.

Even though practice is long, these Regis Ramblers keep up a good attitude.



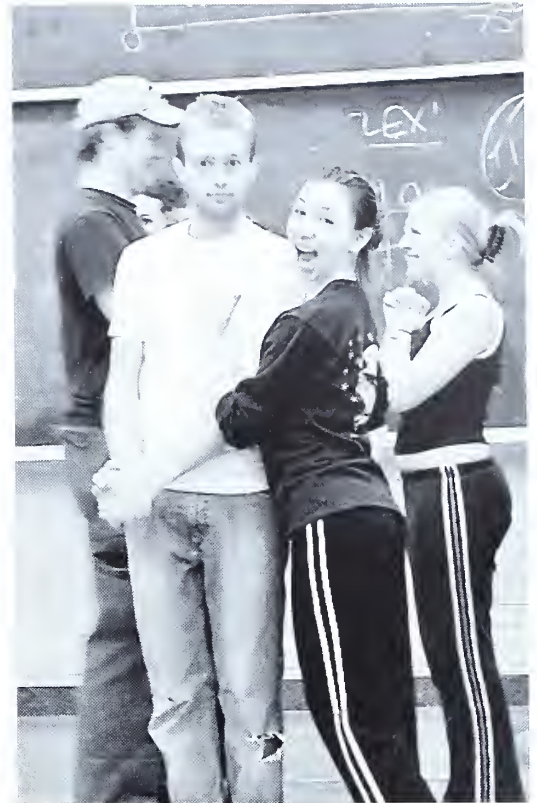
RAMBLERS

Lights, curtain, ACTION!!! The Regis Ramblers keep Regis life full of drama in the most positive sense. Whether it be a musical or a drama, these talented actors light up the stage and transport the audience to another world. The distraction from the every day is more than welcome by the student body and faculty alike.





Just one of the fun rehearsals for Regis Ramblers.



Join the fun of Regis Ramblers and you'll get a cool t-shirt!





Born to Lead, Kaitlin takes a break from the intensity of the Commitment Program. The Commitment Program is more than just a class, it's a path towards becoming a leader.



Jenny strikes a pose and smiles during volunteering. Another element of the Commitment Program is a minimum number of service work. Way to build good karma Jenny!





COMMITMENT PROGRAM

Although one definition of the term "Commitment" can be described as "Placement in or assignment to a prison or mental hospital," the Commitment Program, taught by Dr. McCabe, can sometimes be described as even more intense. Students are selected and placed into the Commitment Program after their acceptance into Regis University. Through the program, students are given two semester long Commitment Program classes, rigorous work loads, and volunteer hours. Although the work may be tough, the results are hard working students, and long lasting friendships. I'd say, that's a lot better than prison or a mental hospital any day.



Three students goof around. Not only is the Commitment Program a rigorous introduction to the College experience, but it also brings together people and creates lasting bonds.

Dr. McCabe poses with Archbishop Charles J. Chaput. Not only is Dr. McCabe a great teacher, but she sure has God on her side!

We love the mountains.



Looks like it's warm out.





At least no one fell out of this raft.

We heart teamwork.



BEST OF COLORADO

Colorado is an amazing place to live, with a plethora of attractions to offer to its residents. BOC (aka Best of Colorado) is a program designed to open the eyes of freshmen to the wonders of Colorado. These exciting adventures include hockey games, haunted houses, and white water rafting.





LAST CALL

It Rules. End of Story. Graduating this year? If you are, then this is the experience for you. Sponsored by Student Activities, Last Call offers a variety of outings throughout the year. Phantom of the Opera, Pub Crawl, and various sporting and concerts events are all part of the opportunities available in Last Call. Due to limited availability, it is considered by many seniors to be one last chance to bond with one another before the end of their college experience.



These boys goof around doing various activities during their senior year at Regis. We will miss you boys.



Senioritis sets in! These ladies goof around before walking down the graduation path.



These girls enjoy one of the photo-ops of senior year.



Smile for the camera ladies! At the end of this school year the only thing you will have left are your memories! Well ... and your degree.

A fellow student climbing up some boulders, it gets pretty tricky!



OAP

For all those who seek a life outside the yoga and treadmills of the fitness center, OAP provides zesty adventures off campus. From mountainous hikes to rock climbing, or snowshoeing and biking down to Cherry Creek for a barbeque, OAP programs focus on personal, leadership development and spiritual growth. Students are taken on such treks to learn an appreciation for the wilderness and to have fun while doing it. All programs include professionally trained staff to accomodate all levels of students.



A beautiful scene in the mountains.



Tony being a ladie's man.





These lovely ladies take a breather from their dance moves to talk about the creeper that just tried to dance with them. Run away ladies!



These fine men scope out the lady scene and check up on their competition. Let the dance moves begin.





JACKSON'S HOLE

Once a year it happens, the night of the ultimate dance party. Regis rents out Jackson's Hole downtown once a year, and it is definitely the social event of the year. With school-provided transportation, everyone is free to enjoy this event, cut loose and dance away their cares.



Go ahead girl, go ahead, get down.

Watch out Dancing with the Stars!

Work it out girls!



Watching their instructors intently, these ladies try to manipulate the moves to get a rock hard body!



It is great that we have so many programs at the fitness center provided to the students free of charge!

Working out in an aerobics class is a great way to release stress and endorphins!



AEROBICS CLASSES

The fitness center is filled with all types of activities. One of the most popular is the various aerobics classes offered. There are a variety of classes taught every day, at different times, all of which are taught by students. Irish dancing is one popular experience, and yoga and pilates are always an alternate form of aerobic exercise. Patty Sprecco, class of '08, commented, "I get a really good workout at the kickboxing class. It's my favorite." There is no need to sign up. Just stop by and start working out!





SPORTS DiViSiON

Have fun dressing
up these familiar
members of the
Regis community!
(see page 4)



KYLE



MACKENZIE



MILES



WOMEN'S SOCCER

Although some often bill it simply as the female side of soccer, women's soccer is actually the toughest sport played since the gladiatorial days of hand-to-hand combat in the Roman Empire. Continuously excelling against numerous rivals, women's soccer is a great source of pride for all the team members and for the entire student body. Regis' appearance in the NCAA Tournament this year marked the first time in program history that the team has played in the NCAA postseason for consecutive seasons.



Run, Forest, Run!



Yeah, that's a pretty sweet move.





Bend it like Beckham, baby!

Regis soccer rocks my cleats off!

Referee surveys the field during a men's soccer match.

Regis defender getting ready to block the ball.



MEN'S SOCCER

Go RAH REE, kick 'em in the knee. Did you ever notice all of the boys running around on the soccer fields this fall? Hopefully you came and supported the 2005 Regis Ranger's Men's Soccer Team. The squad had a winning season with an over all record of 8-6-3. The Final RMAC Record was 5-5-2. Although the Rangers lost early in the season to rival school Metro, they concluded the season with an amazing victory of 2-1.





Team huddle before the start of the game.

Fans come to cheer on the team.





Strike a pose! America's Next Top Model fo shizzle!

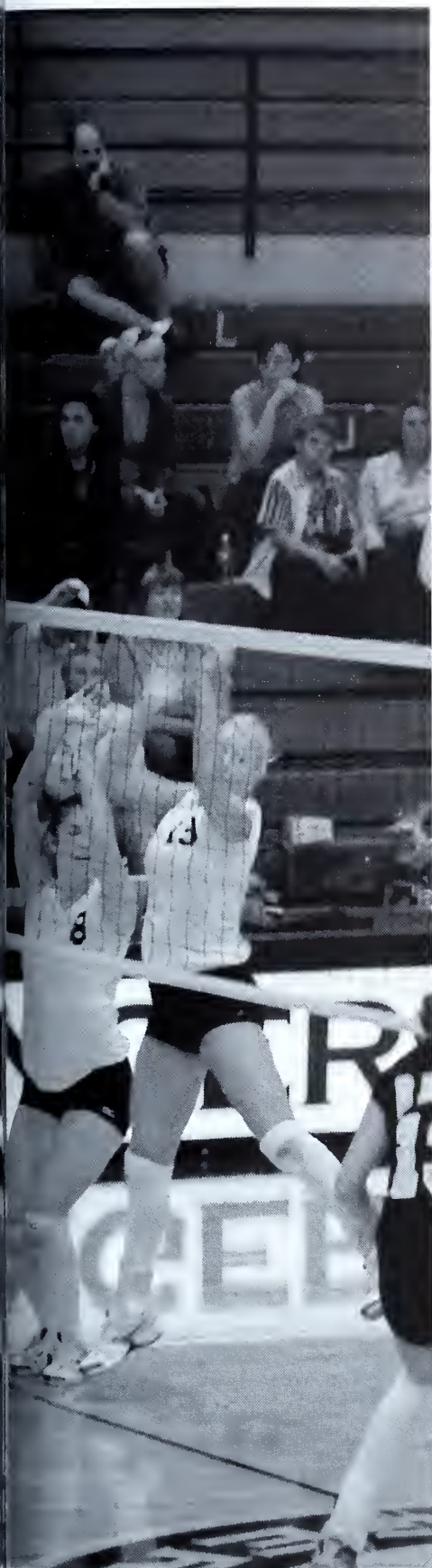


We heart volleyball!



WOMEN'S VOLLEYBALL

Proudly sporting the blue and gold, Regis volleyball players represent our school in the NCAA Division II. This year the team played a total of twenty-seven games against challenging opponents such as Colorado School of Mines and University of Nebraska. This year was a transitional one for women's volleyball here at Regis. With six new freshman and one transfer on the team, in addition to a harder RMAC conference, their season was challenging to begin with. Add to this equation the fact that there were a slew of injuries, and its a wonder that these ladies did as well as they did. With all the fresh new talent, the next few years promise to be a very interesting one for the women's volleyball team.



Huddle!

She's got hops!

Run, run, as fast as you can.





You go girl!!

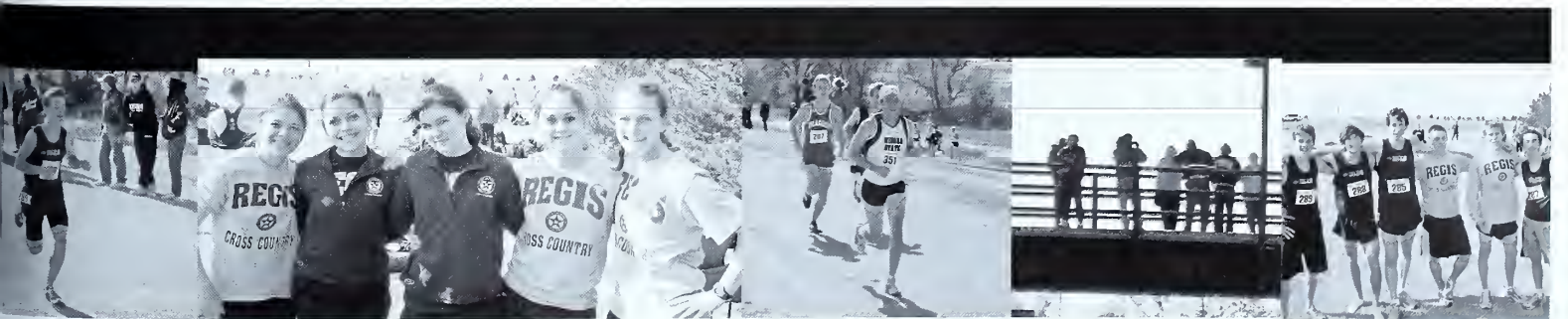


Good old pep talk before the race.



CROSS COUNTRY

Who are these odd souls that you see running around campus? Are they freshmen preparing for the weekly ritual of escaping security on Friday night? Are they the ITS backup plan should the network fail? Do they anticipate a Persian invasion in which they will have to run home to tell of victory? No, the answer is far simpler. These are the students that you often see around campus getting their daily exercise. Oddly, for them, "around campus" consists of most of the greater North Denver metro area. While most students are content playing with sticks and balls in their sport of choice, Cross Country takes it back to the good old days when it was necessary to chase one's prey to survive.





WOMEN'S BASKETBALL

The women's basketball team finished their season with an overall record of 26-5. They compete with other division two schools, and are in the RMAC division. Lindsay Viall, Aiste Slenyte, Denise Lopez and Diana were recognized and awarded on the All-RMAC teams. In addition, Denise Lopez was named the Defensive Player of the Year. Her twin sister Diana Lopez was named RMAC Player of the Year. Coach Linda Rauning was named the RMAC Coach of the Year. The season ended with a loss to Colorado Mines, but the over all tone of the season was victory.



Match up!



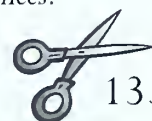
Nothing but net for these lady Rangers!





*Although these ladies may be out of breath,
never underestimate their determination!*

Hands up! Get low! Bend those knees!



One Regis player looking for a fellow teammate to make the pass.

Team gather!



MENS BASKETBALL

Despite the overall record, 12-15, the Men's Basketball team played with heart. During all the games, the Rangers were right in the action. Being part of the RMAC division, the team finished with a record of 7-12. Coach Porter completed his 29th year of coaching. Of the 10 men on the team, six of them were named to the All-Academic team.





Our men players in the heat of the game.

Our team warming up before the big game.





Stay focused!.

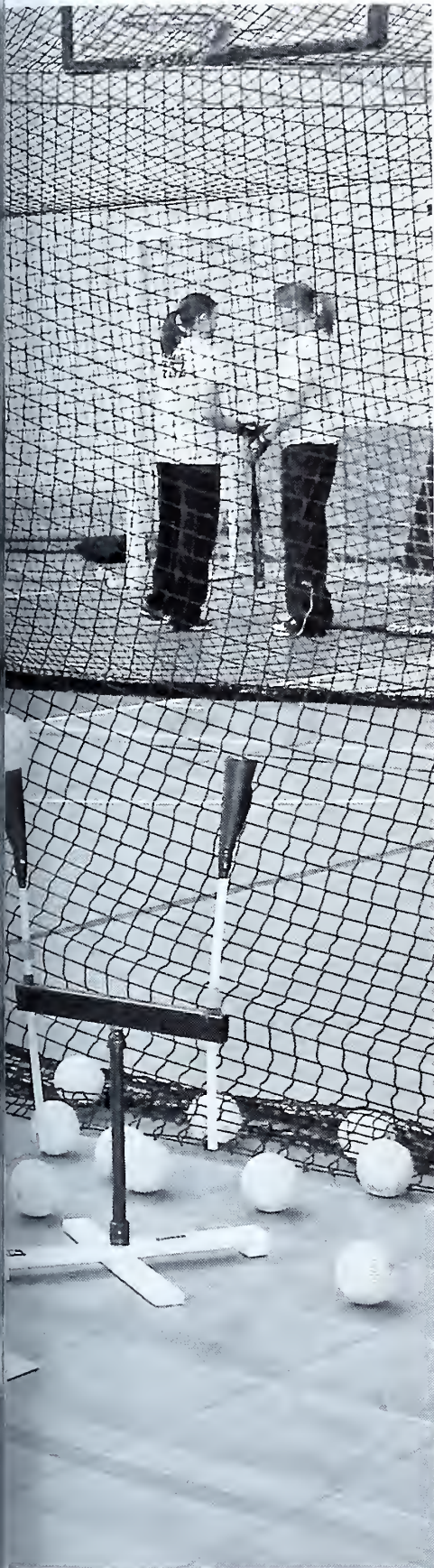


Practice makes perfect.



SOFTBALL

They're one of the most successful NCAA division II women's teams at Regis is the softball team. Playing against teams such as Tarleton State and Cal State San Diego. These girls have a 86-60 record lead by their coach Christi Weiser. Watch out Rangers, here comes season four.

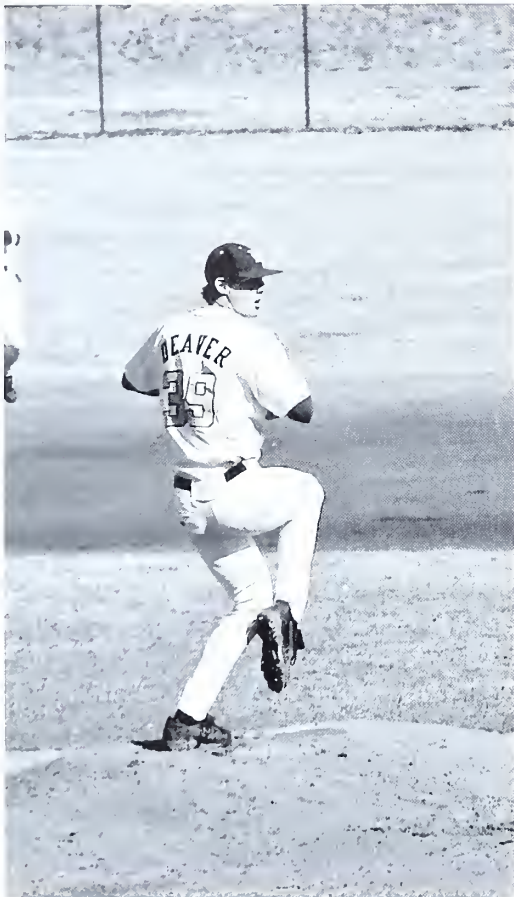


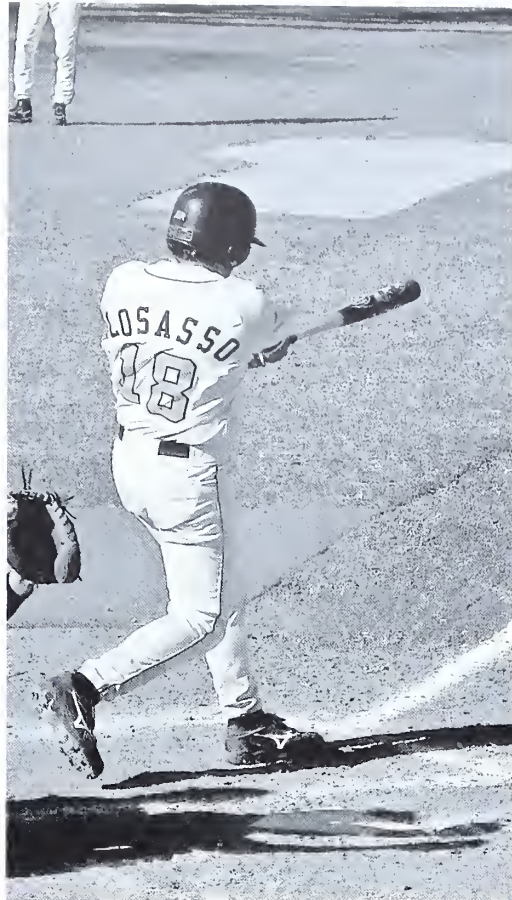
Cold weather puts practice indoors.

These girls really work hard during each practice.

Hit a home run!

The pitcher is one of the most important players on the baseball team.





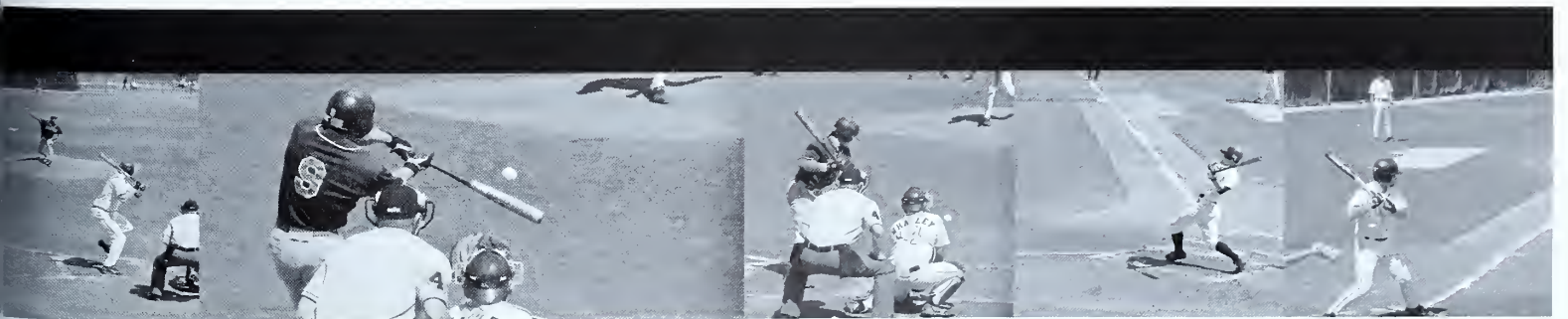
Go for a grand slam. .

Outfielder just doing his job.



BASEBALL

Regis baseball shows promise this season, with an undefeated record on their tournament trip in Florida, Regis has a chance! These boys work hard, play hard, and enjoy every moment of the game. They are challenged not only on the field but in school with their rigorous academic schedules. Head Coach Dan McDermott anticipates leading the Rangers to a championship title. GO RANGERS!



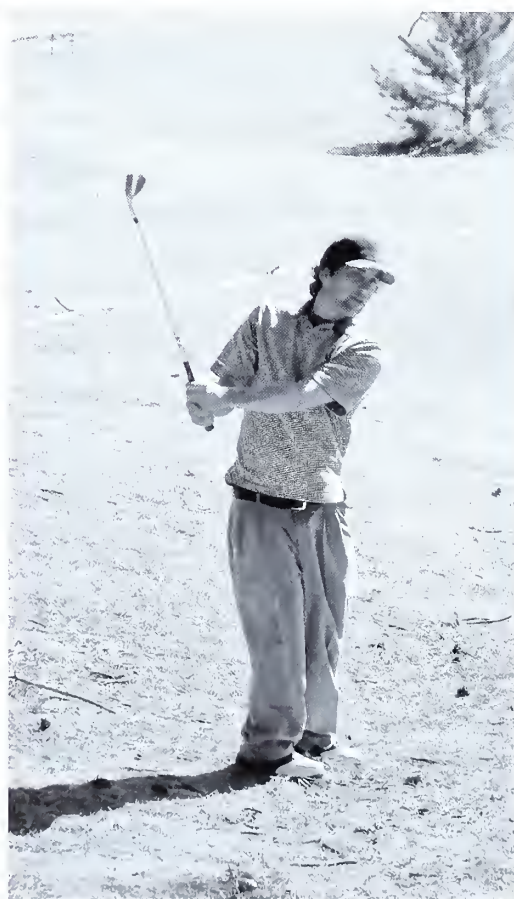


GOLF

Shhhhh....its golf time! Once outlawed in Scotland as a danger to national security, golf teams amany came washing up on American shores looking for refuge. Regis was one of the many colleges willing to step up to the challenge. Nowadays, the Regis Golf team is as strong as ever, and many a player secretly longs to return to thier roots at St. Andrews. Regis would not, and could not, be a proper college without a golf team. Though one of the lesser known sports around campus, the golf club keeps the sport-savvy up for many a late night.



Senior Matt Schneider focuses on improving his stroke during practice.



Blake Sharamitaro works on his touch around the greens.





Chris strokes the ball to the hole and awaits the outcome.

Chase Chaldekas and Bobby Arranaga warm up before a practice round.



One Ranger runs to get the ball and score.

Regis defenders try and capture the ball.



LACROSSE

They're fit, they're fierce... they're the women's lacrosse team! Composed of 18 girls and NCAA division II, they tackle big time schools such as Queens, Limestone, Wilmington, and Colorado College. Over the past six years they're record has steadily increased under the guidance of Coach Karie Keane. This season promises to be exciting!



The girls lacrosse team talks about team strategy.



Practice helps the team build organization and teamwork.





Little Rugby pow wow.



Fight, Fight, Fight!



RUGBY

Once considered a working class sport, Rugby has evolved into a gentleman's game, as evidenced by its existence at Regis. While the rules are still a bit fuzzy to the average ranger, the violence is not. Bloody and gory as it is, rugby remains one of the closet favorites of dozens of students. As Dan Herbers has been quoted as saying, "it's a great team".



Rangers huddle together to get pumped up for the game. .

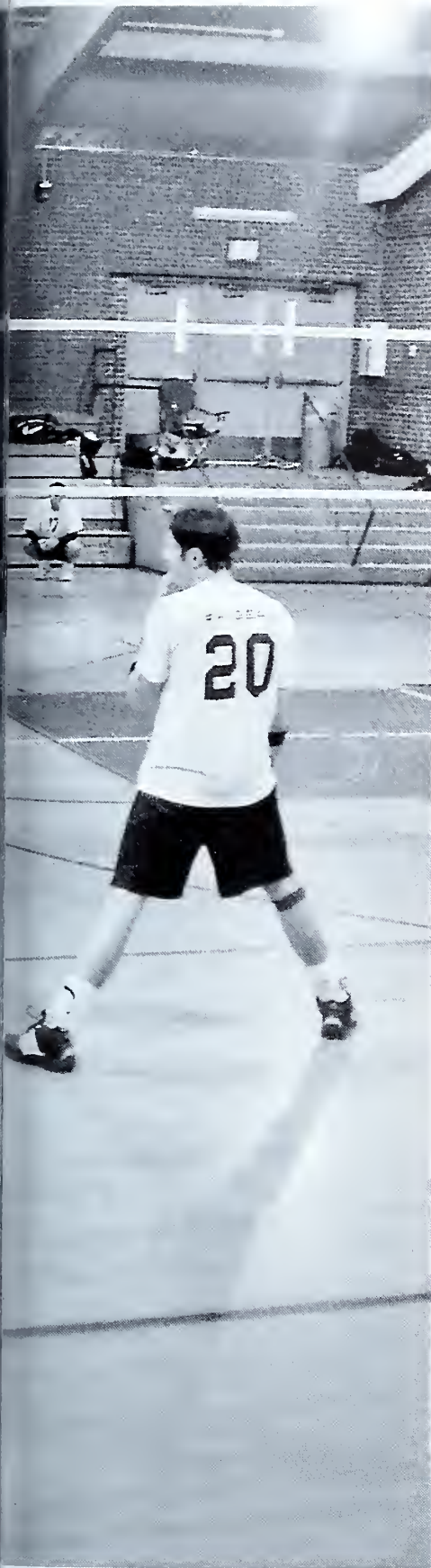
Coaching is a tough job.



Awaiting a serve from the opposing team.

One team talks strategy before the start of the game.





Getting ready to volley the ball to the opponent. .

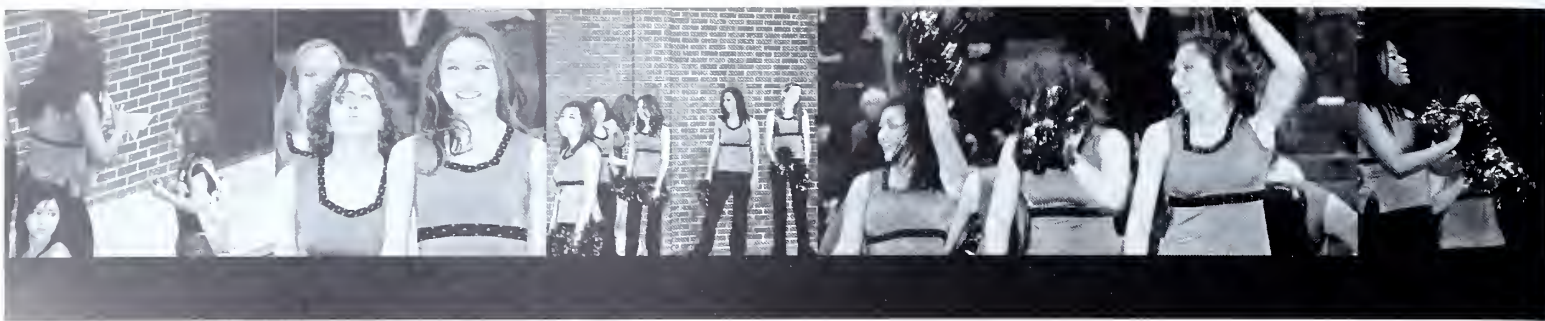
Team photo prior to an exciting game.



CLUB VOLLEYBALL

Do you want to see a bunch of athletes in spandex?? You're in luck. Side out! The girl's volleyball team isn't the only group of players you can see set, spike and score in Spandex. Regis also has a club volleyball team for boys. Keep on the watch. Hopefully you didn't miss out on this opportunity to see some boys SCORE!





DANCE TEAM

When you get the chance to sit it out or dance.... I hope you DANCE. These eleven girls sure do. The Regis Dance team performs many different routines over the course of their season. The genres of dance vary from hiphop to ballet styles. They love to be supported when they perform at halftime of the Men's and Women's home basketball games.



Regis Dance Team members cheerfully watch the basketball game.



This dance team member shows her spirit while striking a pose.



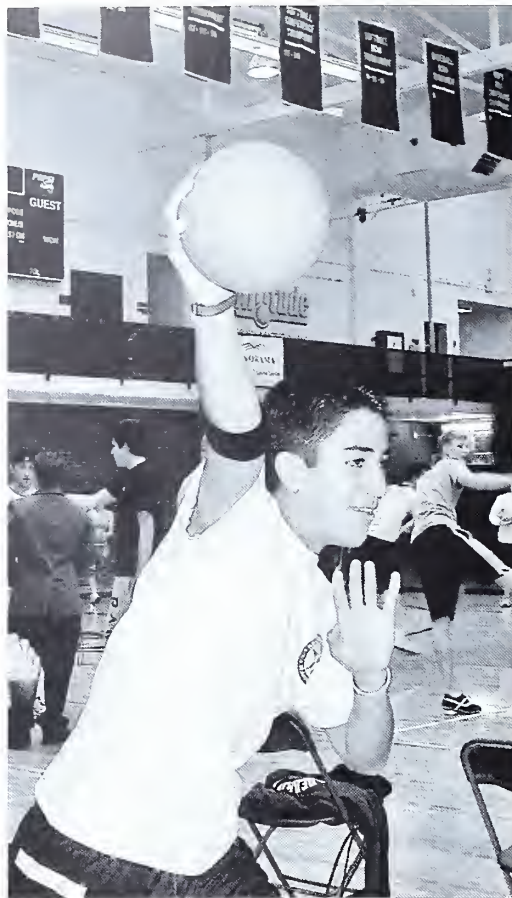


These ladies sure know how to shake what their moma gave them!

You make me feel like dancin'!

Getting ready to knock out an opponent. .

Dodgeball is so exciting..



DODGEBALL

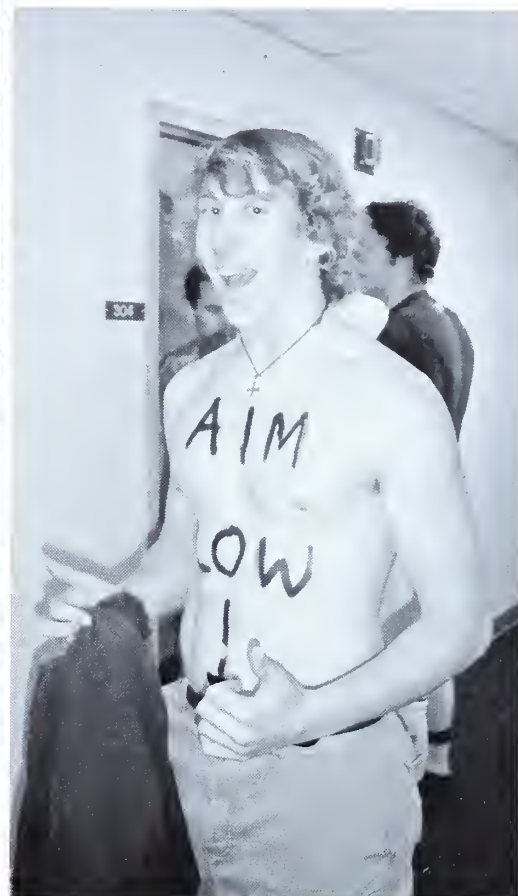
If you can dodge a wrench, you can dodge a ball. Any student who participated in intramural dodgeball this year knows the Five D's of Dodgeball: Dodge, Dip, Dive, Duck and Dodge. All the participants spent their days dreaming of the possibility of one day going to the Las Vegas American Dodgeball Association of America Tournament. This was by far one of the most delightful intramural sports offered on campus, and yes, if you win, it does count for the regional qualifiers.





Let's go team!

Tim is an enthusiastic dodgeball competitor.





Sizing up the basket to get some points.



Many Regis students showed their competitive edge during games. .





INTRAMURAL BASKETBALL

The best way to describe intramural basketball would be with one word: Swoosh! Nothing but net, baby. So popular is intramural basketball that there are rumors that Kobe Bryant was on his way to Regis to sneak in a game before his fateful 'incident' in Eagle Pass. A hit at Regis since its inception, it is the one place you can practice your dribble and not be talking about that term paper due tomorrow.



He shoots, and he scores!

Intramurals are a great way for Regis students to hang out with friends.

Ruben displays his perfected bowling technique.

"I hope I get a strike!"





Heyyy! Bowling is such a great pastime!

Students enjoying the ever-popular themed nights



BOWLING

It's Tuesday night, and generally it's not too eventful. At Regis, however, Tuesdays hold a special place, near and dear in our hearts. Tuesday night is the night that intramural bowling takes place. Teams of students congregate at Arvada lanes, and bowl to their hearts content. It provides an outlet for stress, and a safe alcohol free environment in which students can interact.





CLUB LACROSSE

One of the most aggressive fight clubs at Regis, Lacrosse is collective therapy for the people who seriously need to get some aggression out and not be arrested for assault. As far as entertainment value goes, however, there is little else that can stretch the student dollar for better value. Plus, it's free!

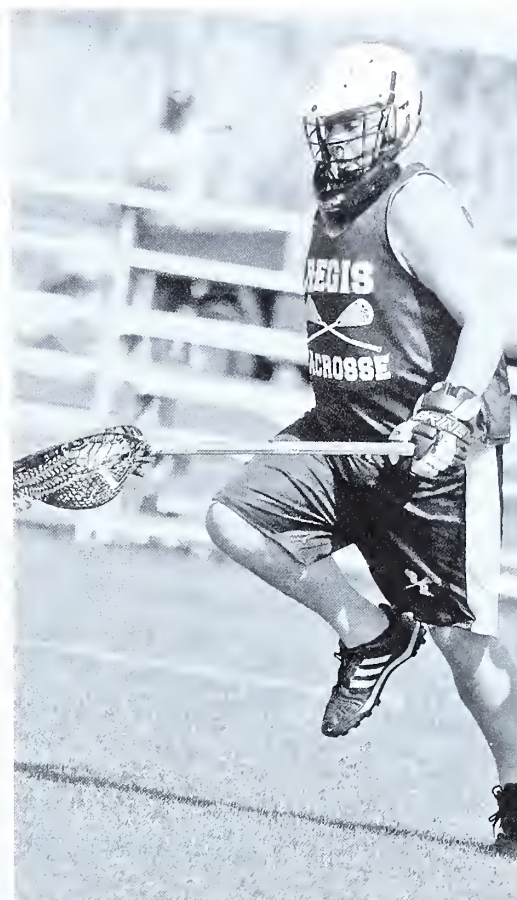


These boys take a break from their intense workout and smile for the camera.



Donny craddles the ball down the field. With that speed, no wonder he is one of the leading scores on the Club Lacrosse team.





Colby trots down the field. Hey guys, He is open!

In an intense workout, the men's and women's lacrosse teams play each other in a scrimmage. Let the most talented team win!



PEOPLE DiViSiON

Have fun dressing
up these familiar
members of the
Regis community!
(See page 4)



JENNY



CHASE



EMiLY

FRESHMEN

• CLASS OF 2009 •

Eliza Bennett



Jalaine Binns



Lauren Blakney

Robert Bohling

Jon Bravard



Lori M. Chavez



Megan Coffey

K.C. Coleman

Lauren Cook



Shaunese Cradle



Sarah Detty

Daniel Donovan



Tiffany Ede



Cass Eriksen



Brian Estes



Tim Etkorn



Tim Feulner



Briana Flores



Jill Furst



Pete Garbee



Chris Garcia



Melissa Garduño



Taylor Goodson



Amanda Hoch



Kyle Hudencial



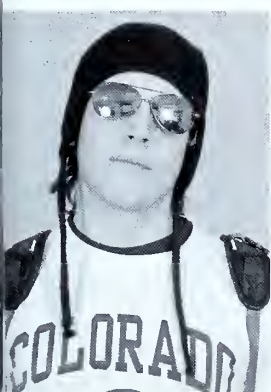
Dylan Jacoby



Nick Jose



Corinne Kampe



Spencer Kassinger



Sarah Kolb



Jean Laubinger



Tony Lechuga

Alison Luppold

Matt Mach

Jeannette Markham

Josh Meier

Kim Meschede

Josh Micer

Peter Neils

Anna Ohmes

Kristin Ormiston

Jamie Perkins

Jackie Ramos

Jonathan Reinhard

Katherine Selby

Pearl Shields

Chloe Simon

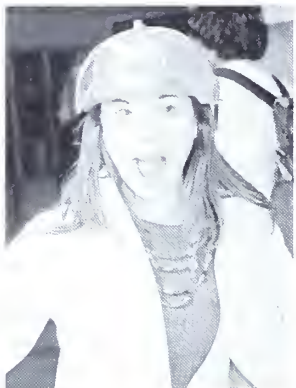
Thomas Socotch

Dennis Stone

Brian Strom

Katrina Thompson

Danny Torman





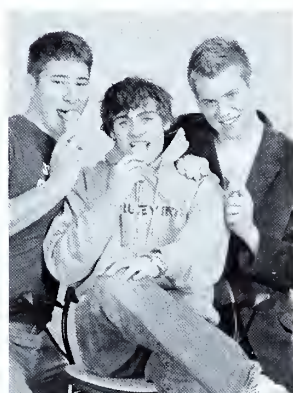
Mackenzie Turner
Daniel Wille
Byron Allen & Dale
Frederickson
Christie Costello &
Rachel Jean
Howatson



Shaunese Cradle &
Jamie Perkins
Sarah Detty & John
Estes
Lauren Fellows &
Jessica Geisel
Lena Fulkerson &
Jamie Perkins



Melissa Garduño &
Andrea Pareigis
Sarah Kolb & Anna
Ohmes
Mike Homen,
Amber Hobbs, &
James Boain
Kimberly Millican &
Cynthia Martinez



Luke Ochs and Dan
Wesselmania
Shannon Robinson
and Emily Duffich
Patrick Schneider,
Peter Rose, and
Padrick White
Melissa Tavera and
Gina Zueck

SOPHOMORES

• CLASS OF 2008 •

Josh Bablonka

Maria Bartoletti

Stephanie Braselton

Maria Buljubic



Maureen Carey

Sally Cone

Melissa Emerick

Michael Esser



Rebecca Fowler

Christine Fulkrod

Donny Gallegos

Jesus Gaudarilla



Kelli Gloyd

Anna Hacker

Laura Hansen

Anthony Haug





Kristin Heintz

Brendan Hesse

Patrick Hill

Justin Hintz



Angela Houlihan

Zac Hunt

Sarah Jackson-Curry

Jen James



Taneisha Jones

Stephanie Kent

Jacqueline Kharouf

Beth Lakey



Rosemary Lantz

Margie Leopold

Chase Likes

Margaret Mailander



Brett Marino

RJ McFadden

Aaron Mejia

Kelsey Melander



Julia Miller

Lizzeth Nevarez

Holly Newby

Lan Nguyen

Amy Nicola

Mollie Nock

Kevin O'Brien

Colin O'Hayre



Stephanie Perez

Sean Pott

Matt Purdy

Monica Raleigh



Drew Rummell

Erin Saunders

Christina Siadat

Amber Sivetts



Tom Sodoro

Tony Steacy

Wen Streicher

Brianna Svoboda



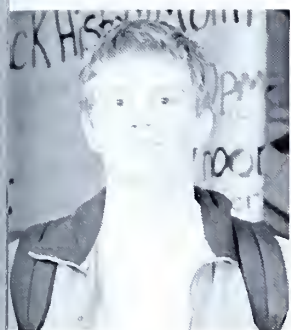
Ruben Tapia

Don Tran

Steve Troxell

Brandon Ullman





David Vranicar

Lindsey White

Lauren Wojtko

Lesley Wood



Daniel Worth

Lillian Yanni

Chad Yantorno

Holden Bower &

Sarah Cihal



Maria Buljubasic &

Erin Saunders

Ann Carney &

Caitlin Claxton

Natalie Echter & Liz

Carr

Jamie Garrett &

Marisa Texidor



Lucas Grein & Ben
Davis

Becca Krudwig &

Amy Lantz

Kateri Millison,

Meghan Calvillo, &

Angie Sosa



Holly Newby,
Leyden Semsem, &
Kelsey Melander

Mollie Nock & Liz
Carr

Meggie Sampson,
Mollie Nock, &
Lauren Caprio

JUNiORS

• CLASS OF 2007 •

Drew Anneberg



Risschie Aran



Galena Armstrong

Emily Augsburg



Brandon Ballantyne

Bernie Boglioli

Ryan Browne



Robert Cannon

Amy Crewell

Bricana Dallas



Mitchell Davis

Griffin Forshee



Maria Foy

Sheelah Franck

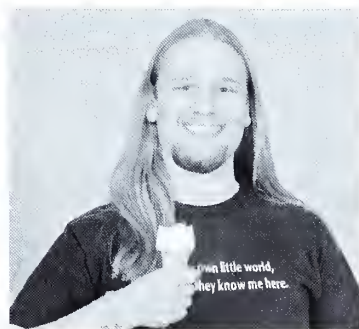
Bonnie Fruland



Anthony Giordano

Kelley Goldberger

Jamin Harvey



Lisa Hinely

Maria Ismert

Daniel James



Michelle Johnston

Amir Juarez

Kellen Knudson



John Krivanck

Torie Leone

Steven Linenberger



Ashley Lira

Emily Manion

Annia Martial

Ruben Martinez



Bobby Morgan

Matt Morris

Myhao Pham



Mariah Piper

Ally Press

Danielle Price



Will Richerson II

Nicole Rodriguez

Rachel Ross



Anthony Rudy

Kristi Schaefer

Anna Schafer



Robert Sigler

Keith Smallwood

Brittani Sours



Helen Tekle

Elle Thomas



Lawrence Wegrzyn

Joanna Welch

J. Paul Wetstein



Adrian Wilbert

Ashley Wright

Matt Zavala



Galena Armstrong and
Myhao Pham

Ellen Bisceglia and
Desiree Bell

Mr. and Mr. Kellen
Carlson-Siegle



Breanne McTighe and
J. Paul Wetstein

Tuyet Nguyen and Yen
Ngoe Pham

Chelsea Ruller and
Justina Pomeroy



Katelyn Schwartz and
Tave Johnson

SENIORS

• CLASS OF 2006 •

Jeff Aguirre

John Alagaratnam

Robert Albi

Ginny Bayes

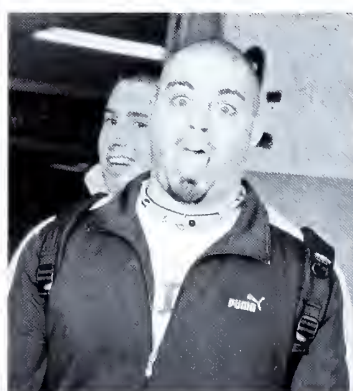
T.J. Bowie

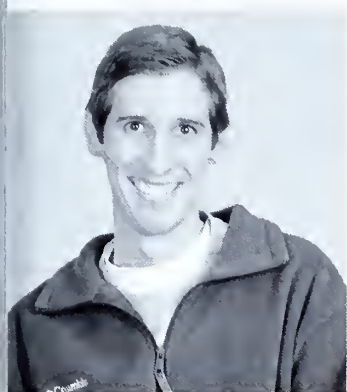
Michael Daly

Chris Dietenvel

Carolyn Dietrich

Peter Fanning

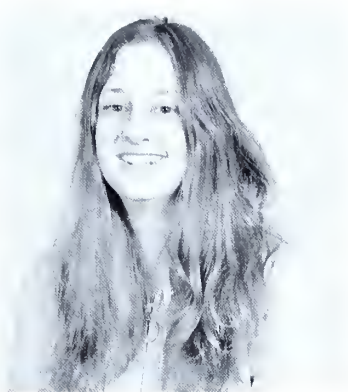




Peter Ferrell



Alexander Glueckler



Elizabeth Goetter



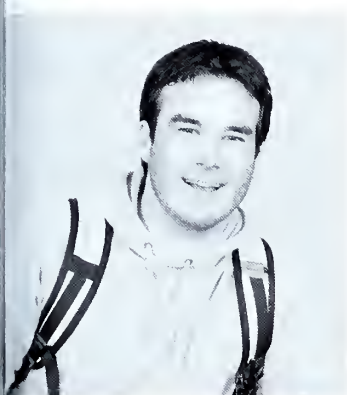
Tritia Harper



Frank Haug



Allison Hingtgen



Jonathan Inasa



Brittany Jessop



Levi Kaess



Jeremiah Keelan



Mage Kissack



Kathy Korsmo



Kristin Lesar



Adrian Manriquez



Dominic Marietti

Brittney Mathews



Alana McCoy



Bridget McLaughlin

JoAnn Melendez



Michaelaeline Nelson

Amelia Noyes

Chanell Ortiz



Armando Oster

Justin Parnell

Summer Roach



Adam Roberts

Heidi Rose Camp

Matt Schneider



Perrin Scudder

Andrea Silva



Aiste Slenyte



Jolene Stolz



Robert Suter



Ryan Thomas



Justin Tucker



Michael Uhrig



Karen Ward



April "Showers"
Williams



Trevor Wood



Edward Yoon



Marlena Hargrove &
Jami Bonifas



Lauren Paige Kennedy
& Arielle Guadagni



Merry Michalski, Kara
Mizokami, & Brandi
Trujillo



Lavanda Mireles &
Laura Bisio



Ben Schafer & Levi
Kaess



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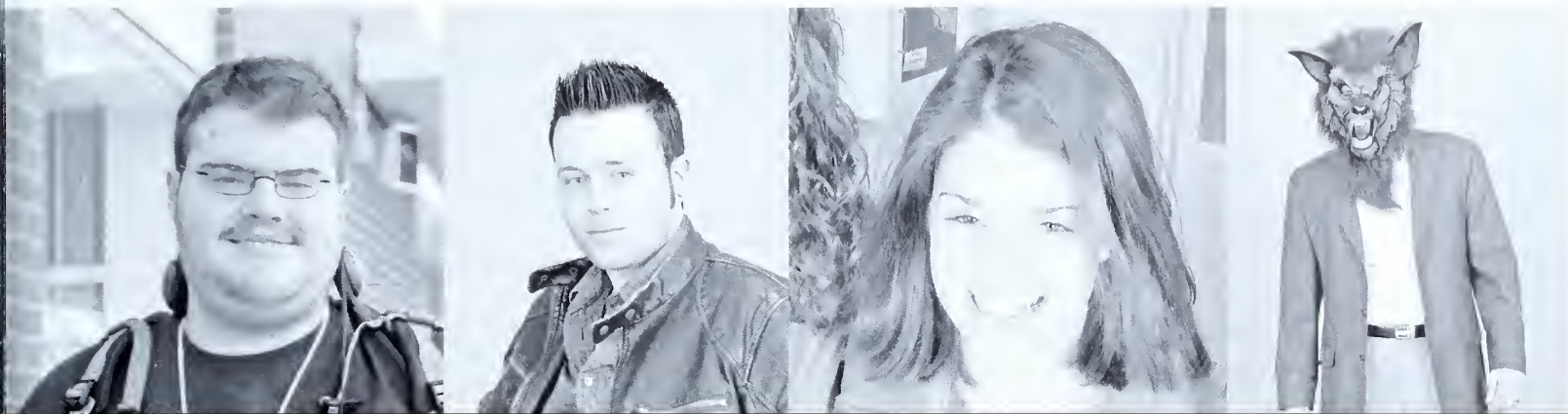
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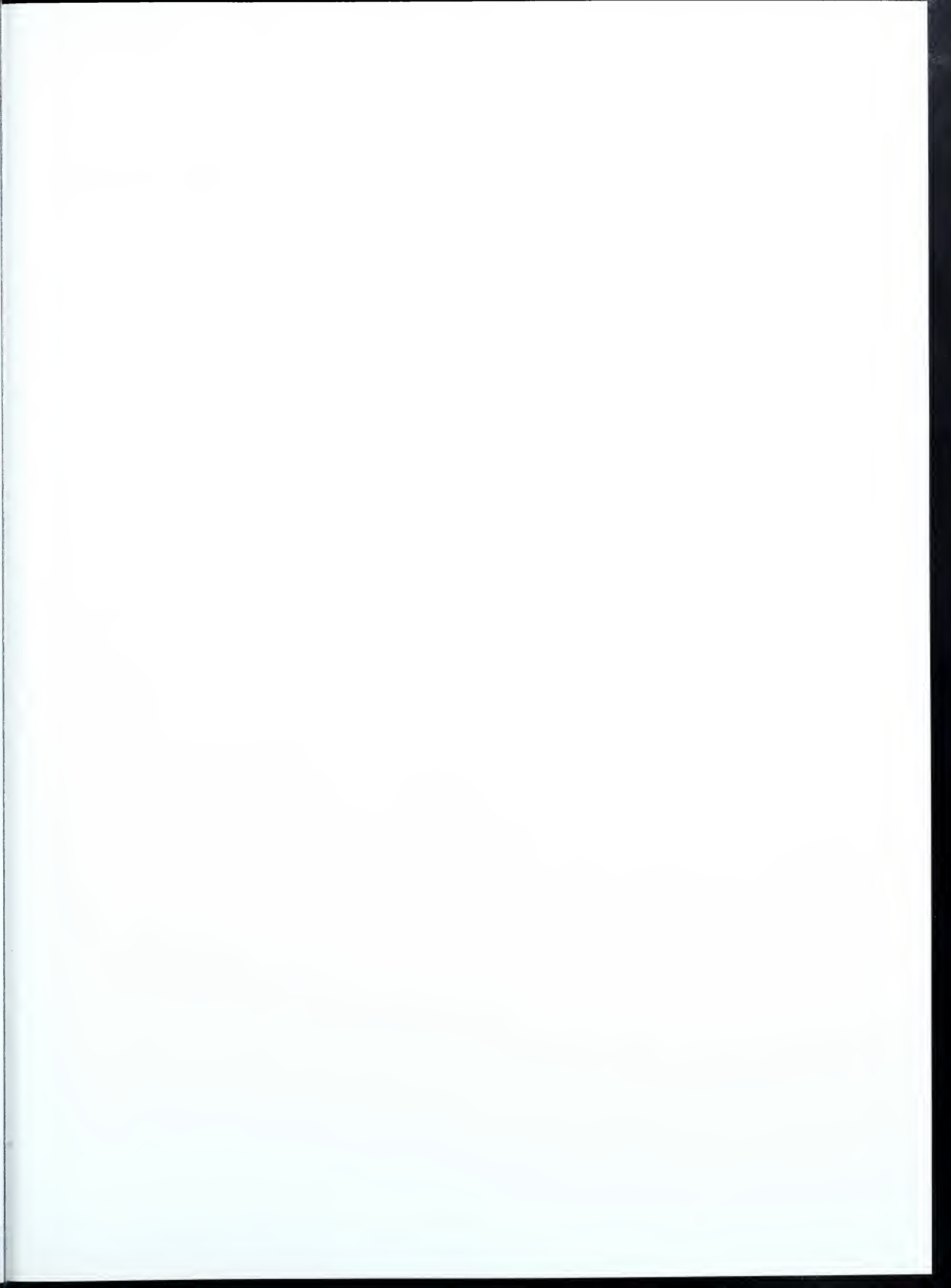
Graham Hunt- Once again, we can't thank you enough for all the pictures you give us.

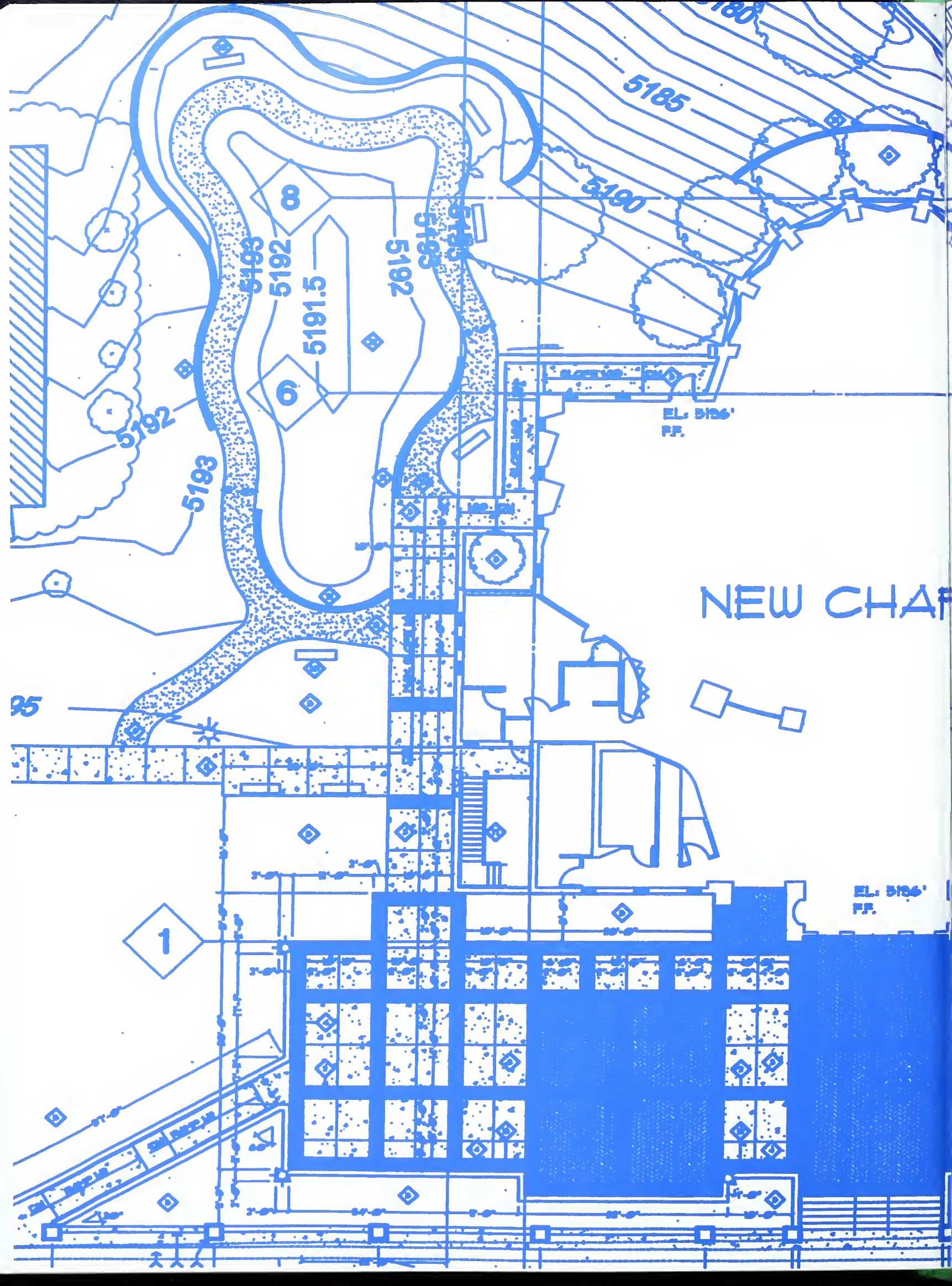
Also, thank you to everyone who submitted pictures to the yearbook!

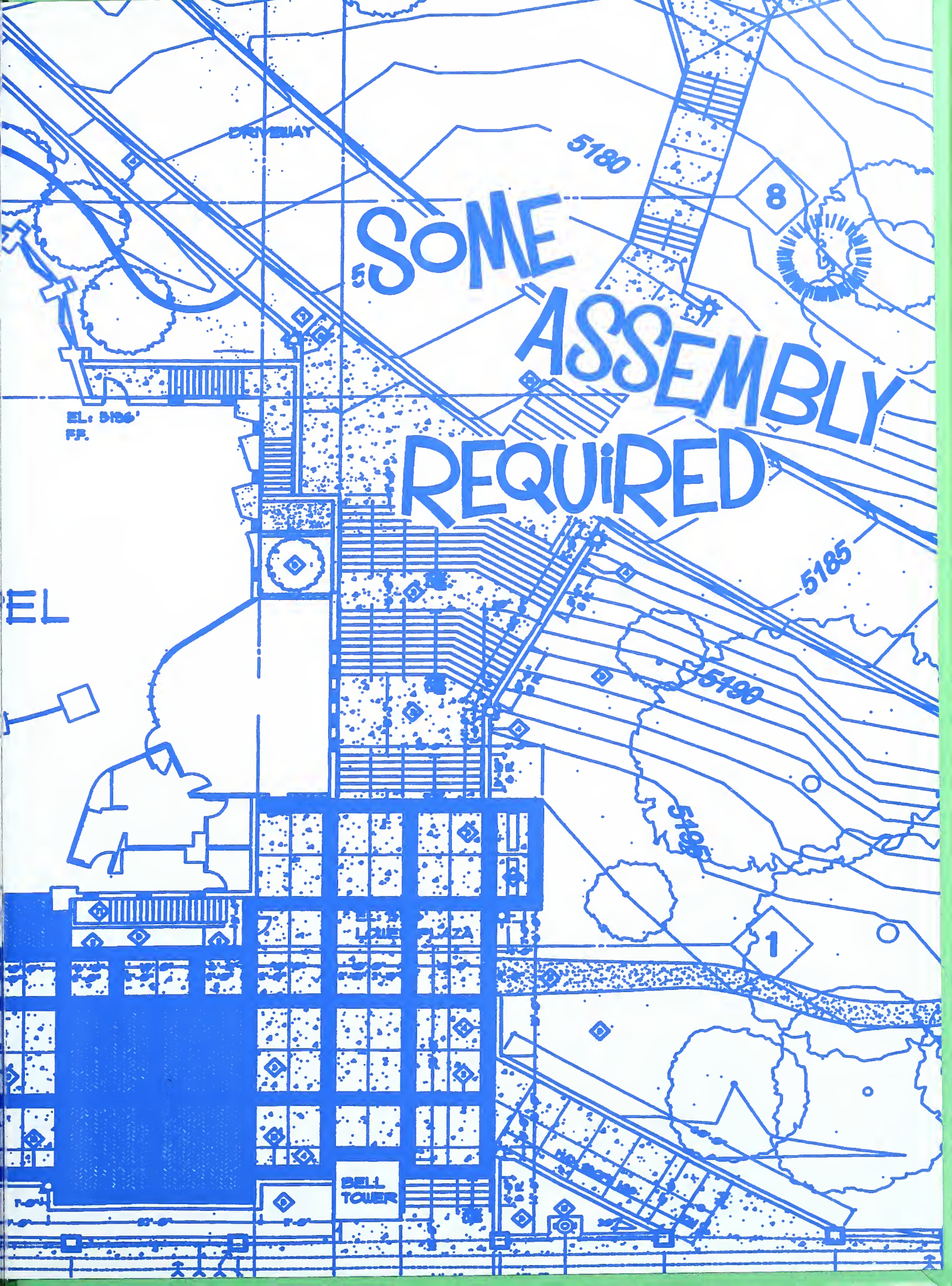












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